

# Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

Email: barrackht-p.school@det.nsw.edu.au

Phone: (02) 42 964 222 Fax: (02) 42 972 818

**‘WORKING TOGETHER’**

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## NEWSLETTER

**2015 Term 2 Week 4**

### **TERM 2 IMPORTANT DATES**

Tuesday 12 <sup>th</sup> May	PaTCH information session Stewart House clothing donation bags collected
Tuesday 12 <sup>th</sup> -14 <sup>th</sup> May	NAPLAN testing
Wednesday 13 <sup>th</sup> May	Polka Dot Preschool information night-6pm
Thursday 14 <sup>th</sup> May	Clubs
Friday 15 <sup>th</sup> May	Bringing Up Great Kids program starts, 9-11am
Thursday 21 <sup>st</sup> May	Public Education day Kids Fest Art- Stage 3, Turtle making with Auntie Pearl. P&C meeting 6pm Yr 6 photo day

Dear parents, carers, students and community members,

### **Stage 2/3 Overnight Excursion to Killalea**

Last Thursday night and all day Friday, some of our primary classes attended an overnight excursion to Killalea State Park. The students had a fantastic time, despite the strong winds and cooler conditions. Ms Bunt was particularly impressed with the students' behaviour on Friday – with all children playing fairly together at both the beach and back in the park. I would like to extend many thanks to the staff who gave up their warm, comfortable beds and time with their families to give our students a memorable experience – for some their first night away from family. Teachers (especially those here in our own school) deserve our collective praise for the effort and energy they put into their work. If your child had a good time at Killalea, please share that good news with the people who made it happen. Thank you goes a long way!

### **Family Services Illawarra**

This Friday, Family Services Illawarra will begin a **free 6 week program for parents** called “Bringing Up Great Kids”. Last year, nine of our parents attended the first session, and have all agreed it was well worth it! The program promotes positive, respectful parent and child relationships. There is free childminding available. If you are interested in attending this program, please call Family Services Illawarra on 4255 5333, or leave your name with Mrs Collins at the front office.

### **NAPLAN Testing**

Tomorrow, Wednesday and Thursday all of our Years 3 and 5 students will sit the National Assessment Program in Literacy and Numeracy (NAPLAN). The tests cover spelling, reading, writing, grammar and language conventions as well as mathematics. There are 4 tests overall. Students in Years 4 and 6 will continue with their learning program, but may not have their normal class teacher during this time. It is important that parents and carers encourage their children to do their best, understanding that this is not a test taken under “normal” teaching conditions. This can cause anxiety for some students and we want to assure parents that Barrack Heights teachers will, at all times, support your child.

### **Lake Illawarra Command Police/Principal Forum**

Tomorrow, Mrs Broomham and I will be attending the annual Police/Principal Forum held at Lake Illawarra Local Command. During the Forum, we will again be discussing the role of our local police and their relationship with our school. As you know, Senior Constable Kerryn Mura and Senior Constable Ben Scott have been working closely with our school during the past two years as our Police Youth Liaison Officers. These two officers will be running workshops with all classes K-6 in the coming weeks and months, delivering messages about cyber-safety, vandalism, bullying and resilience. On behalf of our entire school community, I look forward to continuing our strong and respectful relationship with our local police.

### **Wedding bells**

On behalf of the staff, students and community at Barrack Heights Public School, I would like to extend my best wishes to Ms Stephanie Kolevski, who will be married this Saturday. We all hope that your wedding day is everything you have been hoping and dreaming about! Congratulations!

### **Public Education Day**

This year, Public Education Day will be held on Thursday 21<sup>st</sup> May. To celebrate our achievements and to positively promote our school's use of additional funding, we are inviting all parents, carers, family and community members to come and share a picnic lunch with the staff and students from 1pm. Following this, there will be a special assembly, where we will showcase our work during the last year and a half, using "Gonski" funding. The school will be selling hot sausage sandwiches, soft drinks, tea and coffee on the day – so come along and support your local school

Sarah Rudling  
Principal

**Kids Helpline** 1800 55 1800  
**Crimestoppers** 1800 333 000

### **You Can Do It Program**

#### **Term 2 Key to success: GETTING ALONG**

Getting along means that students work and play together cooperatively. It means that students are friendly, tell the truth and care about others. Students have respect for the teachers, peers and for themselves. Getting along means being able to fix problems without arguing or getting angry. When students get along, they follow all rules of the home, school and classroom. Students also want to help to make their home and school a cleaner place to live and know they are safe.

**Focus for week 4 "Positive Habit of the Mind" PLAYING BY THE RULES** means following all the rules of the game because all rules help us stay safe and happy.

Examples of PLAYING BY THE RULES

- Play well with friends
- Take turns when playing with others
- Ask nicely to join in a game
- Always listen to others
- Ask for help politely
- Respect all rules and students when playing

### **Parents as Tutors and Classroom Helpers (PaTCH) Training**

Thank you to the parents and community members who have expressed an interest in participating in the PaTCH program. I will be running an information session about PaTCH on Thursday 14<sup>th</sup> May at 9am in the Staff Learning Space. I anticipate the information session will take about 1 hour. Everyone who would like to know more about PaTCH is invited to come along. If you need more information, please contact me at the school.

Jo Collins

### **Stewart House**

Don't forget to collect up your unwanted items of clothing for the donation to Stewart House in the bags sent home in week 7. Please ensure that all clothing donated is washed and in good condition. Collection day will be Tuesday 12<sup>th</sup> May. Bags can be left just inside the hall near the bbq or to the office.

### **No Smoking Law**

Smoking is already banned in enclosed areas of public places in NSW. The law now extends the smoking ban to 4 meters either side of any entrance/exit from a public building, including schools.

### **Operation Christmas Child**

Albion Park Uniting Church is holding a Market Day this Saturday 16<sup>th</sup> May from 8am-1pm at the Uniting Church, Russell Street, Albion Park. Activities include a car wash, sausage sizzle, face painting, Trash 'n Treasure, lucky dips, kid's corner, kids jumping castle, craft stall, tea & coffee, plus home-made goodies, books, and plants for sale. All proceeds go to Operation Christmas Child (Samaritan's Purse).

### Canteen News

The Uniform Shop now has straight leg, double-sided, zip pocket track pants for sale for \$17.00 each.

**\*Fridays Only\*** Every Friday during Term 2 and 3 the canteen will have "Hot chicken and gravy rolls" for \$3.00 each. Orders must be in the canteen before 9.30am.

Ms Lyn

Canteen Manager

### Parent Line

Free professional help for parents and carers. Phone 1300 1300 52 or go to [www.parentline.org.au](http://www.parentline.org.au)

### Year 6 Parents

In order to streamline the transition process from Year 6 to Year 7, Warilla High School would like to obtain the email addresses of prospective Year 7 students in 2016.

Could you please follow the steps below:

Follow the link for the form. <http://bit.ly/whs6-7>

Steps:

1. Enter the URL above into your browser. Press enter.
2. Fill in your details, press Submit.

Alternatively you can visit our website and under News & Features you will see Year 6-7 2016 Parent Details Register, follow the links from there.

<http://www.warilla-h.schools.nsw.edu.au/news/year-6-7-2016-parent-details-register>

Please advise Barrack Heights Public School by May 15 if you do not have an email address.



**Bringing Up Great Kids**

### Free Program for Mums, Dads & Carers

This program promotes positive, respectful parent and child relationships.

**After this program you will be better equipped to:**

- Understand the origin and nature of your parenting style
- Understand the messages you give and receive from your child
- Identify and respond to the needs of your child
- Build a positive, respectful relationship with your child
- Source information to support your parenting

**Date:** Friday 15<sup>th</sup> May – 19<sup>th</sup> June

**Time:** 9:00am – 11:00am

**Location:** Barrack Heights Public School, Hunter Street Barrack Heights

**Limited Free Child Minding is available**

**Bookings:** Family Services Illawarra [admin@fsi.org.au](mailto:admin@fsi.org.au) Lynne: 0408258605

Funded by the Australian Government Department of Social Services under the Families & Communities Program

 Family Services Illawarra Inc.

 Communities for Children South Coast

 Berambos Australia

 Australian Childhood Foundation  
Protecting Children



# Under the Influence~

## Protecting our children

Almost 1 in 8 deaths and 1 in 5 hospitalisations of people aged under 25 is due to alcohol.

Parents play a key role in building resilience in young people and help them to navigate decisions through the bombardment of media and social cues that saturate our community.

These workshops aims to provide parents with:

- ✓ Increased understanding of factors that impact on consumption (and non-consumption!) by young people.
- ✓ Strategies to assist in protecting young people against factors that encourage alcohol misuse.
- ✓ Opportunities to contribute to a community that can support our young people to grow and develop in an environment which actively supports reducing alcohol related harm.

### Shellharbour Monday 15<sup>th</sup> June

12:30pm-2:30pm Centenary Hall, Tongarra Rd, Albion Park



We use the secure service of trybooking.com

### Wollongong Monday 15<sup>th</sup> June (followed by a Community Forum)

6:00pm-8:00pm Salvation Army Hall, level 2, 11-13 Burelli St Wollongong  
(parking entry via Stewart St)



We use the secure service of trybooking.com

### Nowra Tuesday 16<sup>th</sup> June

9:30am-11:30am Showground Meeting Rooms West St, Nowra



We use the secure service of trybooking.com

**All workshops are FREE**

*A \$2 donation at the door will support activities that reduce alcohol related harm*

**Professor Sandra Jones** is the Director for Centre for Health and Social Research at the Australian Catholic University in Melbourne. Sandra has worked in academic and industry roles in marketing, social marketing and public health. For over a decade her research has focused on influences on young people's alcohol consumption, including media, marketing, social norms around underage drinking.



**Amy Ferguson** is a Senior Policy Officer at the Foundation for Alcohol Research and Education. Amy is the coordinator of the NSW ACT Alcohol Policy Alliance. She has a Masters in Public Health. Amy has worked on health and social policy development in both the public sector and not-for-profit sector.



**Bookings Essential:** Book directly by pressing the BOOK NOW link beside the event you wish to attend alternatively - contact (02) 4254 2794 or email [Donna.forknall@sesiahs.health.nsw.gov.au](mailto:Donna.forknall@sesiahs.health.nsw.gov.au).



Health  
Illawarra Shoalhaven  
Local Health District



Shoalhaven  
City Council



CDAT community drug  
action team  
We're Stronger Together



# Reconciliation School Flag Walk

Wednesday 3 June 2015, 10.30am - 1.45pm



## RECONCILIATION SCHOOL FLAG WALK From 10.30am

Local schools and community to walk from Ocean Pool, John Street, Shellharbour to Little Park, Shellharbour Village. Walk will be led by students carrying the Australian, Aboriginal and Torres Strait Islander flags

## FREE EVENT

### OFFICIAL RECONCILIATION CEREMONY From 10.45am

Welcome to Country  
Civic Welcome  
Guest Speaker

Exchange of Flags in the spirit of Reconciliation with Elders, Civic leaders and Community

Performance by  
the Flame Trees

### ENTERTAINMENT AT LITTLE PARK From 12pm

Didj Player  
Koorimurri Workshop  
DJ

## RECONCILIATION EXHIBITION

At the Shellharbour Village Exhibition Space, Wentworth St, Shellharbour Village

- Wednesday 3 June | 9:00am - 3:00pm
- Thursday 4 June | 10:00am - 2:00pm
- Friday 5 June | 10:00am - 2:00pm
- Saturday 6 June | 10:00am - 2:00pm

Featuring Aboriginal Art by Steven Henry and the Mabo Exhibition.

For more information on these events, please contact:  
Veronica Bird, Aboriginal  
Community Liaison Officer,  
Shellharbour City Council  
on 4221 6170

**National  
Reconciliation  
Week 2015**  
27 May to 3 June

it's time to  
change it up!





# AST SURF SCHOOL

PRESENTS



**NORTH GONG  
THE FARM**

**FREE SURF  
LESSON FOR  
5-12 YEAR  
OLDS**



## **AST SURF GROMS OPEN DAY!**

- FREE SURF LESSON FOR KIDS 5-12 YEARS OLD, LOTS OF PRIZES AND GIVEAWAYS!
- 16TH MAY, NORTH BEACH WOLLONGONG 12.00PM-2.00PM
- 17TH MAY, THE FARM BEACH SHELL HARBOUR 12.00PM-2.00PM

**BOOK YOUR PLACE NOW!**

**CALL TO RESERVE YOUR PLACE  
1800 711 189**

**INFO@AUSTRALIANSURFTOURS.COM.AU**

