

Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

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‘WORKING TOGETHER’

NEWSLETTER

2016 Term 4 Week 5

TERM 4 IMPORTANT DATES

Wednesday 9 th November	Year 6 Warilla HS visit
Friday 11 th November	Remembrance Day
Monday 14 th November	Assembly, 10am
Monday 21 st November	Last Scripture
Friday 25 th November	Yr 6 In2Uni excursion
Wednesday 30 th November	P&C Meeting, 6pm in the staffroom
Monday 28 th Nov- Friday 9 th December	Swim Scheme, Yrs 2-6
Monday 5 th December	Assembly, 10am
	Kindergarten Orientation, 2-3pm
Friday 9 th December	YCDI Assemblies, K-2 9-10am/3-6 2-3pm
Tuesday 13 th December	Class Party Day
Wednesday 14 th December	Whole School Award Assembly, 9.30am
Thursday 15 th December	Year 6 Farewell, Shellharbour Surf Club
Friday 16 th December	Students last day of school

Dear parents, carers and community members,

In2Uni Mentor Visit

For the past 3 years, our school has been included in a program called In2Uni, run by Wollongong University. The program takes students from Year 6 and their parents to tour the university campus for the day, discovering the programs and courses on offer. Most participants over the years have found it to be valuable and interesting, with many students interested in attending university as a result of the visit. Our Year 6 students today met with Wollongong university mentors to discuss the program. They will attend the campus for their visit on Friday 25th November.

Professional Learning

Continuing today and tomorrow, our entire school staff will participate in collective professional learning including looking at our Early Action for Success Data, the new Geography Syllabus and School Evaluation and Planning 2016/17. These additional afternoons will replace one and a half School Development Days at the end of the year, meaning that Barrack Heights Public School will officially close at 12.30pm on Monday 19th December 2016.

Remembrance Day

This Friday, all students will attend a Remembrance Day Ceremony around our school flagpoles to remember and honour those men and women who have lost their lives or been wounded as a result of representing Australia as a soldier in war. Students may wish to wear a sprig of rosemary or a poppy on their school uniform, and are invited to bring some flowers to place around our flagpoles.

Parent Focus Groups

During the next few weeks, I have engaged the services of Mr Steve Galbraith who will assist me in reviewing the development in meeting our schools planned targets. Mr Galbraith will interview all staff, groups of students from across the school and some parents on their thoughts and insights into our school.

If you are a parent, carer or community member who is interested in participating in this focus group, please contact me via the front office. These interviews will take place during Weeks 5 and 6.

Sarah Rudling
Principal

Kids Helpline 1800 55 1800
Crimestoppers 1800 333 000

Lunches

Lunches are available from the canteen before 9am, Monday to Friday. For \$2.00 you can choose from a jam, honey or vegemite sandwich, a bottle of water and a piece of fruit.

RESILIENCE

'I Can Do It' • I Can Do It! –trusting myself when I'm doing something hard that I will be more likely to be successful than to fail.



Examples of Positive "I Can Do It" Thoughts:

"Next time things will be different."

"Maybe I did not try hard enough or behaved stupidly. "

"I know that if I do things differently including trying harder, the next time I am more likely to be successful than to fail."

To Eliminate "I Can't Do It": In order to combat this form of negative, pessimistic thinking, teachers and parents should explain to the child that s/he has a choice in how to think about things that have happened and about things in the future. It should be explained that when something bad happens to the child such as getting a bad grade or being rejected or teased by a classmate, the child can think negative thoughts or positive thoughts.

Examples of Negative "I Can't Do It" thoughts:

"I can't do this."

"No one likes me."

"I'm not good at anything."

"It's my entire fault."

"Things will never change; I'll always be hopeless with friends."



Swimming Scheme

The swimming scheme starts in week 8, Monday 28th November and finishes in week 9, Friday 9th November. All students from Year 2 to Year 6 will be participating.

Application for Year 7 Selective High School Placement for 2018

For students currently in Year 5 who are thinking of applying for a selective high school placement in 2018 there is information booklets available from the office.

The Denny Foundation Christmas Hamper Appeal

The Denny Foundation supports the students and families of our school with weekly donations of food to keep our breakfast program running. They in turn have asked us to help them this Christmas with donations of non-perishable items (tinned, bottled & packet food etc) for their Christmas Hampers which go to very needy families.

If you would like to make a donation, please send it to the office. All items, big or small, will be greatly appreciated by the Denny Foundation and will help to make Christmas a little easier for some needy families.

The Denny Foundation Christmas Lunch

The Denny Foundation invites families to join them for Christmas lunch on December 25 from 10am to 2pm at Warilla/Barrack Point Surf Club. A full Christmas Buffet will be served promptly at 11am. There will be a visit from Santa & Elf and a present for every child under 12 as well as hampers and door prizes. This is a free event organised by The Denny Foundation and it is alcohol free. Please RSVP by December 13 to 4297 2220 to reserve your place as numbers are limited to 150.

			
<h3 style="text-align: center;">Can Saver Plus assist you with school costs?</h3> <p>Join Saver Plus and match your savings, dollar for dollar, up to \$500 for educational costs including:</p> <ul style="list-style-type: none"> • school uniforms and text books • computers, laptops and tablets • excursions and camps • sports equipment, uniforms and lessons • music tuition and instrument hire. <p>You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner), such as full-time, part-time, casual or seasonal work, and have a child at school or study yourself.</p>	<h3 style="text-align: center;">Is your child starting school next year? Would \$500 assist you with education costs?</h3> <p>Join Saver Plus and match your savings, dollar for dollar, up to \$500 for educational costs including:</p> <ul style="list-style-type: none"> • school uniforms and text books • computers, laptops and tablets • excursions and camps • sports equipment, uniforms and lessons • music tuition and instrument hire. <p>You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.</p>		
<p>Contact Lindi Jamieson-Brown your local Saver Plus Coordinator: 0427 439 234 lindi.jamieson-brown@thesmithfamily.com.au</p>	<p>Contact Lindi Jamieson-Brown your local Saver Plus Coordinator: 0427 439 234 lindi.jamieson-brown@thesmithfamily.com.au</p>		
<p><small>Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered throughout Illawarra and Wollongong by The Smith Family. The program is funded by ANZ and the Australian Government.</small></p>	<p><small>Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered throughout Illawarra and Wollongong by The Smith Family. The program is funded by ANZ and the Australian Government.</small></p>		

AST SURF SCHOOL

PRESENTS



**5 WEEK
SURF
PROGRAMS**

SUMMER PROGRAMS STARTING 18TH OCT- 20 TH NOV

- Surf groms is a FUN, HEALTHY, EDUCATIONAL surf program for kids. Focusing on beach awareness and on beach safety.
- Boards & wetsuits provided, all Coaches are certified by Surfing Australia. All coaches are Surfing Australia level 1 qualified, hold current first aid certificates and working with childrens checks certificates & Working with children's checks.

BOOK YOUR PLACE NOW!

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INFO@AUSTRALIANSURFTOURS.COM.AU**



Australian Government
Australian Sports Commission