

Barrack Heights Public School

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‘WORKING TOGETHER’

NEWSLETTER

2016 Term 4 Week 6

TERM 4 IMPORTANT DATES

Monday 21 st November	Last Scripture
Friday 25 th November	Yr 6 In2Uni excursion
Wednesday 30 th November	P&C Meeting, 6pm in the staffroom
Monday 28 th Nov- Friday 9 th December	Swim Scheme, Yrs 2-6
Monday 5 th December	Assembly, 10am
	Kindergarten Orientation, 2-3pm
Friday 9 th December	YCDI Assemblies, K-2 9-10am/3-6 2-3pm
Tuesday 13 th December	Class Party Day
Wednesday 14 th December	Whole School Award Assembly, 9.30am
Thursday 15 th December	Year 6 Farewell, Shellharbour Surf Club
Friday 16 th December	Students last day of school

A reminder to parents to notify the school about your child's health

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.

K Mart Kindness Awards –Week 6

This week the K Mart Kindness Award winners are Corey-Jack 3H, Saed KB and Miss Bunt. The major award of the \$20 K Mart voucher goes to Corey-Jack 3H. These recipients are great examples of kindness and their attitude and actions are appreciated by all at Barrack Heights School. We thank K Mart for their generous support of our Kindness program. These awards were presented by at our Monday assembly.

Lunches

Lunches are available from the canteen before 9am, Monday to Friday. For \$2.00 you can choose from a jam, honey or vegemite sandwich, a bottle of water and a piece of fruit.

Swimming Scheme

The swimming scheme starts in week 8, Monday 28th November and finishes in week 9, Friday 9th November. All students from Year 2 to Year 6 will be participating.

RESILIENCE

Means being able to control your behaviour when you are very upset so that you bounce back from difficulty and return to work or play.

POSITIVE HABIT OF THE MIND: “It’s not the End if the World”

This means thinking it’s not the worst thing that could happen to me.

Coping skills that develop a young person’s Resilience:

- Finding something fun to do
- Finding someone to talk to
- Relaxing
- Exercising
- Being assertive
- Solving the problem
- Changing negative self-talk to positive self-talk
- Not blowing things out of proportion



YOU CAN DO IT Assembly Awards 2016 Term 4 Week 6

TEACHER	STUDENT	YCDI REASON FOR AWARD	CODE
Miss Broomham	Dominic B	A great effort in learning about time	P
	Tahlia P	A great effort in writing about spiders	P
Miss Boothroyd(K/1P)	Olivia R	Excellent ideas and well written writing	P
	Sophie G	A huge improvement in reading	P
	Izak Q	Working hard on his writing learning goal	C
	Jaxon V	Always trying to do his best in everything he does	C
Ms Dunn	Ekeysha R	For trying your best in class	C
	Nayte H	For trying your best in class	C
	Levi M	For trying your best in class	C
	Riley G	Always persisting with his writing	C
	Sabrina W	For being a wonderful classroom member	C
Mrs Munro	Shreya L	Outstanding effort in all areas	P
Miss Giardini	Ceehan Mc	Working well during Maths	C
	Jack K	Helping out in class	GA
	Harley T	Showing persistence during writing	P
Ms Bunt	Lochlan A	Putting effort into all his English tasks	P
	Tyler W	Working tough when there are distractions around him	R
	Isabella S	Planning her time well during new English groups	O
	Chanelle S	Taking risks in reading and class discussions	C
Mrs Roughan	Kaylie A	Being a persistent and resilient student who’s always on task	RP
	Thomas D	Persistence in his work tasks. He is always eager to complete his work	P
	Brooke W	Improved confidence in speaking in front of others	C

	Jemiah W	Getting along in science. Well done!	C
Mrs Harris	Lucas B Chloe F Tim M Hayley B	Improved attitude towards all class work Excellent attitude at all times Persistence in Literacy Excellence in all tasks	C P P P
Mrs Mangos	Manny A Reece C	Working persistently in reading Working persistently in writing groups	P P
Mrs Maranesi	Malakai W Angela Z Mrs Maranesi & 3/4M	Being a cooperative class member who tries hard Being on task and focused on her work For amazing Ned Kelly art!	GA O P
Ms Lewis	Justin C	Being an excellent helper and role model	GA
Mrs Cole	Zach A Jasmine I	For being persistent and trying new maths Being resilience and improved attendance	P P
Mrs Wheeler	Jade K Helena Y Victoria C	Working with great persistence and resilience in all areas of her school work Settling in well into her new class Working with great persistence and resilience in all areas of her school work	P GA PR
Mrs Scott	Ethan G Zoe-Lee J	Being a resilient student Demonstrating excellent organisation skills in and out of the classroom	R O
Mr Ellsmore	Blake M	Excellent duster hockey skills	P

YCDI CODE

What 'key' does your award relate to this week?

O = Organisation (Orange)

G = Getting Along (Green)

C = Confidence (Yellow)

P = Persistence (Purple)

R = Resilience (Red)

Application for Year 7 Selective High School Placement for 2018

For students currently in Year 5 who are thinking of applying for a selective high school placement in 2018 there is information booklets available from the office.

The Denny Foundation Christmas Hamper Appeal

The Denny Foundation supports the students and families of our school with weekly donations of food to keep our breakfast program running. They in turn have asked us to help them this Christmas with donations of non-perishable items (tinned, bottled & packet food etc) for their Christmas Hampers which go to very needy families.

If you would like to make a donation, please send it to the office. All items, big or small, will be greatly appreciated by the Denny Foundation and will help to make Christmas a little easier for some needy families.

The Denny Foundation Christmas Lunch

The Denny Foundation invites families to join them for Christmas lunch on December 25 from 10am to 2pm at Warilla/Barrack Point Surf Club. A full Christmas Buffet will be served promptly at 11am. There will be a visit from Santa & Elf and a present for every child under 12 as well as hampers and door prizes. This is a free event organised by The Denny Foundation and it is alcohol free. Please RSVP by December 13 to 4297 2220 to reserve your place as numbers are limited to 150.

AST SURF SCHOOL

PRESENTS



**5 WEEK
SURF
PROGRAMS**

SUMMER PROGRAMS STARTING 18TH OCT- 20 TH NOV

- Surf groms is a FUN, HEALTHY, EDUCATIONAL surf program for kids. Focusing on beach awareness and on beach safety.
- Boards & wetsuits provided, all Coaches are certified by Surfing Australia. All coaches are Surfing Australia level 1 qualified, hold current first aid certificates and working with childrens checks certificates & Working with children's checks.

BOOK YOUR PLACE NOW!

WWW.SURFGROMS.COM.AU



**TO FIND OUT MORE: 1800 711 189
INFO@AUSTRALIANSURFTOURS.COM.AU**

