

Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

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‘WORKING TOGETHER’

NEWSLETTER

2016 Term 1 Week 6

TERM 1 IMPORTANT DATES

Tuesday 1st March

Thursday 3rd March

Friday 4th March

Monday 7th March

Tuesday 8th March

Monday 14th March

Friday 18th March

Monday 21st March

Thursday 24th March

Monday 28th March

Parliament Induction Assembly, 2pm

Stage 3 “Meet the Teacher”, 2.30pm

Easter Egg raffle “P” Mufti Day

Assembly

Regional Swimming Carnival, Dapto pool

Clubs

National Day of Action Against Violence and Bullying

Easter Hat Parade, 2-3pm

Assembly

Stage 2 Bike Education Excursion

Clubs

Dear parents, carers, students and community members,

2016 Young Leaders Day and Parliament Induction

Today, Mrs Wheeler took our Prime Ministers and Shadow Prime Ministers to the annual Young Leaders Day at Homebush. The National Young Leaders Day is an annual event created in 1997 by the Halogen Foundation to develop strong leadership values amongst young Australians. The Program consists of keynote talks, multimedia presentations and interactive learning that seeks a range of specific outcomes for young people who aspire to lead themselves and others well.

On Tuesday, we will induct members of the 2016 BHPS School Parliament. The ceremony will commence at 2pm in the school hall, and all family members of inductees are encouraged to attend.

Kindness on Purpose

During 2016, Barrack Heights Public School students will become participants in a program developed to build empathy and understand the impact of kindness to themselves, others and the greater community. We have engaged the services of Katrina Cavanough, a therapist who has created a program called “Kindness on Purpose”. The program recognises the link between the traits of kindness, thoughtful acts, thoughtful words and thoughtful reflection as key life skills that build and strengthen a child’s capacity to feel and act empathically in their social relationships. Kindness on Purpose also focuses upon capacity building with a key component of the program being the recognition of each child’s capacity to engage in positive behaviour. You will have seen profiles of weekly “Kindness Ambassadors”, who are working with team leader, Mr Glenn Nisbet, to generate and encourage acts of kindness across the school. The program will be launched (officially) on Wednesday 23rd March, with all parents, carers and community members invited to attend.

Gonski – Spread the positive message!

Gonski funding has allowed our school to broaden the curriculum to engage students on a deeper level, focus on early intervention, address reconciliation and improving the literacy and numeracy of all students. This Friday, I will be joining teachers, Principals and parent representatives from across the state to create an advertising campaign that **sends a message that the Gonski model of funding works, and is designed to ensure that every Australian child, no matter what their background, can get a high quality education.**

Here are some of the ways Barrack Heights Public School uses Gonski funding:

- Creation of two "Alternate Learning Classes" for students (2014 - 2016) in years 2-6 with behavioural and learning difficulties or confirmed disabilities. Each class is supported by a full time

SLSO and additional teacher during "formal learning time" (9-11am) each day. The students are also supported to engage in hands on activities including woodwork, gardening, art, tae kwon do, music etc to engage with school and improve attendance.

- Alternate playground for students who need play space that promotes problem solving, getting along skills, creative/inventive play and an opportunity for special interest projects. This caters (primarily) for Stage 3 boys
- Experiential learning - subsidised excursions and programs that enhance syllabus outcomes
- Clubs - teacher created activities that change each term and provide students with access to learning that supports the development of the "whole child". These include languages, cooking, drama, music, bike riding, environmental education, charity, martial arts, woodwork, photography, LEGO, etc.
- Subsidised Surf awareness and Swimming Scheme programs (we are a school near the beach)
- Community reconciliation projects, including family excursions and joint projects with local NGO's to bring knowledge and understanding between Aboriginal and non-Aboriginal people
- Community Kids Weekend - open school where students are invited to remain at school for the entire weekend and participate in safe play, healthy eating and general respite
- Professional Learning for School Learning Support Officer's in (best practice) literacy and numeracy
- Professional learning for teachers in wellbeing and mindfulness practices including trauma training, protective behaviours training and specific disabilities and difficulties with experts in the field
- Creation of a Student Engagement team including an off class Assistant Principal and SAO to support student and parent welfare and engagement needs within the school
- Employment of a teacher and 2 AEW's in the school, three days per week to deliver locally supported, culturally significant Aboriginal Education programs. This includes Ngargins (young kids) Yarn Up - Aboriginal cultural groups that research both personal and local history to share with family and the greater community; Ngargin Doctors - a health and leadership program for Stage 2 Aboriginal and non-Aboriginal children run in conjunction with the Malpa Foundation, focussing on reconciliation
- Teacher mentoring and Peer Coaching - additional RFF time (1hr per week 2015) to work with Executive mentor for all staff based on individual teacher identified professional learning need.
- School funded Speech and Occupational Therapy to assist identified students K-6 (2014-2016)

Stage 3 Fundraising Committee – Easter Egg Raffle and Mufti Day

On Friday, 4th March, all students are invited to come to school dressed in mufti that represents the letter "P". To come dressed out of uniform, students are asked to bring a donation of an easter egg or gold coin to assist Stage 3 in collecting prizes for their upcoming Easter Raffle. Raffle tickets will be sold during Weeks 7 and 8 with the big draw occurring at the Easter Hat Parade on Friday 18th March.

Reminder - Lunch Order Service

Wendi's Centre Health Café - in the Barrack Heights Medical Centre complex - is offering to deliver lunch orders to the school by 11.00am every day. Parents/Carers can place and pay for a lunch order at Wendi's Café between 7.30am and 9.00am each day. Wendi will deliver the order to our school by lunch time. Lunches will be distributed to the students in time for lunch. The menu and prices are available at Wendi's café. Wendi has agreed to partner with the school as a sponsor, should her café be utilized by our community for lunch orders. Please note: Wendi's menu meets the Fresh Tastes @ School - NSW Healthy School Canteen Strategy, EXCEPT for the hot chips and wedges. **Please do not order these for your child for lunch, save them as a home treat.**

Emergency response at BHPS

Emergency planning is a requirement under the Work Health and Safety Regulation 2011. The welfare of staff, students and visitors is the key focus of emergency planning in the Department of Education. The extent of the response required will depend on the nature of the emergency and its impact on the workplace as a whole and on individual members of staff and students. Whatever their scale, emergencies often occur suddenly and unexpectedly. Effective planning and preparation will ensure that the workplace is able to respond appropriately to events.

We often practice drills including lock down, lock out and evacuation, so that staff and students are familiar with routines and know what to do in a real emergency. All students are debriefed after the event to help them understand these processes. Emergency services and local police are always aware of our rehearsal evacuations. During the next few weeks, we will again practice some of these drills.

If a real evacuation occurs during school hours, please be patient. Your children's safety will always take first priority in any decision we make. A number of schools in Sydney have recently needed to conduct evacuation drills due to bomb threats. These schools have reported difficulties in ensuring procedures are followed, as concerned parents have not known the appropriate response when these evacuations have occurred – sometimes causing additional problems for staff and emergency services

Barrack Heights Public School staff will communicate with parents and carers *as appropriate* through the School Stream App. *This will occur once the school is secure and emergency services agree that communication is allowed.*

If you have any questions or concerns about this, please make an appointment to speak with me as soon as possible.

2016 SCHOOL CONTRIBUTION

Thank you to the parents and carers who have paid the 2016 school contribution to assist our school deliver high quality educational outcomes for our students. There is still plenty of time to "chip in"!

Single child payment - \$20 Family payment (more than 3 children) - \$50

The students of Barrack Heights Public School, benefit directly from the financial contributions made by parents during the beginning of each school year. Every dollar received is used to provide additional resources for our student learning programs – in classrooms, during out of school experiences and throughout the school. Your contribution is a very important component of our annual funds.

We are encouraging parents to support learning programs during 2016 by sending a single, double or family contribution. We have again kept the price low - \$20 per student with a maximum of \$50 per family. This equates to 10 cents a day – exceptionally reasonable!

We use school contribution funds to support existing programs in the school including Breakfast Club, annual PSSA fees, science experiments, Clubs, additional stationary and classroom items, playground equipment, teaching aides and visual arts supplies..

Payments can be made at the front office in the collection letterbox, with your child/ren's names and classes.

Sarah Rudling
Principal

ORGANISATION

Organisation means setting a goal to do your best in all your schoolwork, planning your time so you're not rushed, having all your supplies ready, and keeping track of when your assignment and homework are due.

'Planning My Time' means –thinking about how long it will take me to do my schoolwork and planning enough time to get it done.



All students K-6 have now set goals for themselves. They are now working on "Planning Their Time". The more students practise their organisational skills and positive habit of the mind both at school and home the more effective and 'automatic' they will become for the student.

Examples of Organised Behaviour

Making sure I understand my teacher's instructions before I begin work

Having all my school supplies ready

Having a neat desk and school bag so I can find everything

Planning when I'm going to do my homework so I have enough time to do my favourite activity.

How can you help at home? Here are a few suggestions to develop your child's organisational skills.

- Have your younger children pack their own bag
- Have a routine for your child's homework
- Set the clock on timer
- Have your child draw a daily or weekly timetable. Cross off activity as they do them
- Supply a diary for your older child
- Make sure you and your child acknowledge the length of their leisure time because of their planning. e.g "You are able to play longer because you planned your time and did your homework", "You are able to watch all of your favourite tv show because you completed all your jobs", or "You won't be able to play long because you have to work on your project", or "I like the way you planned your time, "I'm very proud of your planning".

Assembly Merit Awards Week 5

Teacher	Student	Reason	You Can Do It Focus
Ms Broomham	Dominic B	For an outstanding start to Kindergarten. Super Organised!	O
Ms Bunt	Alexander I Tyler W	Giving effort and realising he can do maths Taking risks to share ideas with the class	P R C
Mrs Cole	Thomas R Matthew C	Being resilient and trying his best Working very hard in all areas	R P
Mr Ellsmore	Gideon B	Excellent Basketball skills	P

Mrs Harris	Jeremy F Corey-Jack C	Being helpful and kind to others Being kind and encouraging to others	GA GA
Miss Lewis	Jai R	For being an excellent role model	C
Mrs Maranesi	Tyler S Tahnee R	Persistence with his writing Being an organised student with her school work	P O
Mrs Munro	Layla F Ceegan Mc	Working hard with her writing Achieving his writing goal	P P
Ms Scott	Hayley N Haiden M	For persistence with her school work (despite a broken arm) For thinking and taking risks in maths	P P
Mrs Wheeler	Kya N Bodhi F	Working with great persistence in all areas of her school work Always willing to lend a hand	P GA
Mrs Collins	Ember Mc Wyatt L	Showing kindness to a friend in need Respectful manners during scripture	GA GA
Mrs Mangos	Tyrell D	Sharing his knowledge in Ngargin Doctors	C
Mr Nisbet	Wyatt L	Being kind and helpful to a young student	GA
Mrs Sherritt	Shontai D-M	Persistence in her reading and writing in Reading Recovery	P
Ms Debnam	Liam D Hunter J	Persistence in writing Persistence with reading	P P

Donation of Small Toys

Dear Parents/Caregivers, Years 5 and 6 are organising a play area under the trees for the junior students. If you have any toy cars, trucks, dolls, fairy dolls in good condition to donate it would be greatly appreciated.

Playground/Tree Area Committee

Family and Student Information Forms (Blue)

Please keep sending in the blue Family and Student Information forms. We have decided to give each student/family that send in the form an ice block and as mentioned in last week's Newsletter, the first class to bring in all the forms will get a Pizza Party.

If you have misplaced your form and would like another one, please collect one from the office.



ENROL NOW FOR 2017

Come and see what Warilla High School has to offer!

EDUCATION EXPO

All prospective students, their families and members of the community are invited to attend our Education Expo on

Tuesday 8th March from 4.00 pm – 6.30 pm

- 4.00 pm – 6.00 pm: Visit various faculty displays , open classrooms
- 6.00 pm -6.30 pm: brief information session in the school auditorium. Meet the 2017 Student Advisor, School Leaders and hear from the Principal, Mr John Hambly
- Light refreshments available



Visit Warilla High School at:
Keross Ave Barrack Heights NSW 2528 | www.warilla-h.schools.nsw.edu.au
or phone 4296 3055 or fax 4297 2817



All Participants must be or become PCYC members
Reddall Parade Lake Illawarra NSW 2528 4296 4448

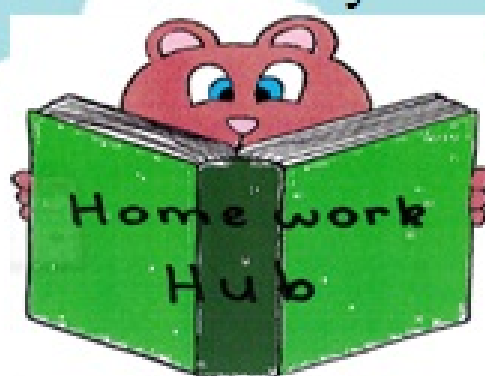
Homework Hub

Tuesdays 3:30pm - 5pm
(throughout school term)

PCYC Lake Illawarra is proud to announce the arrival of the Homework Hub.

Homework Hub is a tutoring program assisting students from Kindergarten to Year 8 in their day-to-day homework tasks. This program will run from 3.30 – 5pm on Tuesday afternoons throughout the school term.


The program is funded by Clubs Grants NSW





Our school now has a free app to deliver school information, instantly and directly to your smartphone.

How to get the School Stream app on your mobile device

1. From your mobile device go to the **App Store (iPhone/iPad)** or **Play Store (Android)**, search for **School Stream** and download the app to your phone.
2. Make sure you agree to **push notifications**
3. Once School Stream has finished installing, open the app, **type your school name into the search** then select your school. For more detailed instructions go to **schoolstream.com.au/download**
4. Are your children attending different schools? Tap the school selector,  select add a school, type the school name* into the search then add. Jump between your children's schools by touching the school name/logo in the top blue bar, or switch schools from the slide-in menu.

*Any additional schools will need to be licensed users of School Stream to appear in the app.

Choose what notifications you receive

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School

Return at any time to change the notifications you receive.

Don't have a smartphone?

If you don't have access to a smartphone and require information to be delivered via traditional methods (printed notices, email and SMS), please fill out the form below and submit it to the office.

Family name: _____

Students Name	Class

Please indicate the reason:

- ☐ I don't have access to a smartphone (e.g. iPhone, Android, etc.)
- ☐ I prefer not to receive information from the school on my smartphone
- ☐ Other (please specify) _____

MOTHERS & DAUGHTERS

Puberty Matters



SESSION DETAILS

DATES

Thursdays for 3 weeks
from 17th March, 24th March and
31st March 2016

TIME

6pm-8pm
A light supper is provided

VENUE

Illawarra Women's Health Centre
2/10 Belfast Avenue
Warilla NSW 2528

COST

\$10 per family to cover costs

TO REGISTER

T: 4255 6800

F: 4255 6899

E:

info@womenshealthcentre.com.au

Join our three-week course to help mothers and daughters understand and deal with changes that take place during puberty & adolescence.

By learning together, young women (10-12 years) and their mothers can strengthen their relationship.

You'll learn -

- Physical, psychological and emotional changes that take place during puberty and adolescence
- How to communicate about these changes
- Self-esteem and body image
- Relaxation strategies for mothers and daughters
- Bullying and cyber-bullying

This course is very popular. Enrolment and payment is required before bookings can be confirmed.

Grow in confidence and knowledge



**For more information contact us on
4255 6800**

