

Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

Email: barrackht-p.school@det.nsw.edu.au

Phone: (02) 42 964 222 Fax: (02) 42 972 818

‘WORKING TOGETHER’

NEWSLETTER

2016 Term 1 Week 10

TERM 1 IMPORTANT DATES

Thursday 31st March

Friday 1st April

Monday 4th April

Friday 8th April

Monday 25th April

Wednesday 27th April

Tuesday 10th-Thursday 12th May

School Photo day

Illawarra Sports High Year 6 Sports Trials, 8.30am-12.30pm

KB & K/1P Organisation Breakfast, 9am

School Cross Country

Clubs Open Day

Last day of Term 1

Anzac Day Public Holiday

Students return to school

NAPLAN

Dear parents, carers, students and community members,

Music Lessons

Barrack Heights Public School has been given the opportunity to offer music lessons in Term 2. This is a fantastic opportunity for students to receive quality music lessons in small groups. The lessons will be run by Miss Emily Meithe, who taught recorder at our school during 2015. Depending on interest, these lessons will be held after school on a Monday or Wednesday.

Small group lessons are being offered at a cost of \$10 per hour and available for the recorder or the ukulele. Private lessons are also available at a cost of \$15 per half hour.

Miss Meithe specialises in teaching the flute and is offering private lessons in the Fife. This is the instrument that students learn before progressing to the flute. The cost of Fife lessons are \$15 per half hour. If you are interested please call the school.

School Photos

School Photo Day is this Thursday 31st March. Students need to be dressed in their best summer school uniform and arrive at school on time. School photograph envelopes have been distributed. They need to be brought to school on Thursday and handed directly to the photographers – **the school does collect or count this money.**

Japanese Exchange Students

Tomorrow, Barrack Heights Public School will welcome 25 students and 2 teachers from West Japan. The students will spend time in classes as well as taking lessons to improve their English language skills. We will hold a welcome assembly tomorrow at 10.30am for any interested parents or community members.

Cross Country Carnival

Our annual school Cross Country Carnival (weather permitting) will be held this Friday 1st April. Races will begin at 11.30am and conclude at 1.15pm with the lunch and recess breaks being reversed. All students 8yrs and older will compete in age events, running laps around the school. While teachers will begin some preparation for this at school, we encourage you to get your child active after school by running a few laps of an oval 2 or 3 times a week.

Students are required to wear their house colours and joggers. Please do not colour hair or allow your child to wear coloured zinc – it is not appropriate. Races will run in ages around the perimeter of the school. Your “Annual Permission Note to.....” covers students running outside our fence line, and school staff will be placed at points for supervision. Please ensure that if your child suffers from asthma, they have their asthma spray available and that their Health Care Plan has been given to Mrs Sonia Pasalic in the office.

Kindness On Purpose – What a success!

Our launch of the Kindness on Purpose was a huge success last week. I would like to formally congratulate Mr Glenn Nisbet and his team of Kindness Ambassadors for their work in organising and hosting such a high quality event. The many visiting Principals and teachers from other local schools were extremely complimentary of our entire student body. Katrina Cavanough has gifted all students and staff with a Kindness on Purpose wristband, to remind each of us the importance of behaving and acting with empathy and kindness. She has also agreed to provide short online clips for us to view, assisting in increasing understanding at home and at school about the importance in teaching and supporting kindness.

Clubs Open Day

Monday (next) 4th April will be Clubs Open Day. All students should be provided with a note to explain the days activities and any associated permission or costs. If you are unsure, please contact the school.

Daylight Saving Reminder

Don't forget to wind your clocks back an hour this Sunday (yes – sleep in!) to end daylight saving for the 2015/2016 year.

Sarah Rudling
Principal

Kids Helpline 1800 55 1800
Crimestoppers 1800 333 000

Donation of Small Toys

Dear Parents/Caregivers, Years 5 and 6 are organising a play area under the trees for the junior students. If you have any toy cars, trucks, dolls, fairy dolls in good condition to donate it would be greatly appreciated.

Playground/Tree Area Committee

Family and Student Information Forms (Blue)

Please keep sending in the blue Family and Student Information forms. We have decided to give each student/family that send in the form an ice block and as mentioned in last week's Newsletter, the first class to bring in all the forms will get a Pizza Party.

If you have misplaced your form and would like another one, please collect one from the office.

Stewart House Donations

Every Year Stewart House has a donation drive. These envelopes were sent home with the students last week and the bags for unwanted clothing bags were sent home last Thursday. Please place any clothing bags inside the hall.

Warilla Bowls Club School Holiday Tennis Camp

Tuesday 12th, Wednesday 13th and Thursday 14th April 2016, 9.00 am-12 noon

Jason Avenue, Warilla

- Games and Prizes
- Ball machine
- Special family rates apply

All enquiries/bookings: Brett & Michelle Edwards
0403289974 or 0413064298



Health
Illawarra Shoalhaven
Local Health District
Public Health Unit

Dear Parent or Guardian and staff,

24/03/2016

A child from *Barrack Heights Public School* has been diagnosed with pertussis (whooping cough). I am writing to provide advice and to ask that you watch out for the symptoms of pertussis in your child, especially over the next 3 weeks.

What is pertussis?

Pertussis is an infection of the respiratory tract that can cause bouts of coughing, sometimes breathing difficulties and vomiting. It can be a very serious infection in small children. The illness can last for many weeks. It usually starts with a snuffle or a cold.

What should people who are sick with pertussis do?

If your child or a family member develops symptoms, contact your family doctor as soon as possible and take this letter with you.

This is extremely important if there is a baby less than 12 months of age living in your household.

Your doctor can advise whether pertussis is likely and arrange for early treatment if needed. Treating people who have pertussis with antibiotics can stop the infection spreading, but is more effective if started early.

To help prevent this infection spreading, people who have been diagnosed with pertussis should not attend child care, school or work until they have completed the first 5 days of a course of the recommended antibiotics. If antibiotics cannot be taken, then they must stay away for 3 weeks after onset of the cough.

How is it prevented?

Vaccination is the most important way of reducing pertussis in our community. It is important to double check that your child is fully up to date with his or her immunisations against pertussis. If in doubt, please ask your doctor to check.

NSW Health recommends adult booster vaccine every 10 years to protect from Diphtheria, Tetanus and Whooping Cough.

Need more information?

For more information, please see the Pertussis Factsheet, or call the Public Health Unit on 02 4221 6700 or visit the NSW Health www.health.nsw.gov.au

Yours Sincerely,

Curtis Gregory

Director

Wollongong PHU, Illawarra Shoalhaven LHD

Public Health Unit – Wollongong Office
Illawarra Shoalhaven Local Health District
ABN 16 323 767 470
Locked Bag 9, Wollongong, NSW 2500
Tel (02) 4221 6700 Fax (02) 4221 6759

TALENTED SPORTS AND DEVELOPMENT PROGRAM

YEAR 6 SPORT TRIALS

Illawarra Sports High School will be holding the Year 6 Sport Trials for YEAR 7 2017 enrolment in the Talented Sports and Development Program.

Date – Thursday March 31st, 2016

Time – 8.30am to 12.30pm

Where – Illawarra Sports High School Stadium and Oval.

Transport Arrangements – Private transport.

Sports to Trial for –

- Rugby League & Union
- Girls All Codes (RL, RU, Touch, Oztag)
- Netball
- Soccer
- Basketball
- Baseball
- Surfing (no surfing at trials, fitness and skills test only)
- Tennis
- Cross Codes (athletics, fitness, mixed sports)

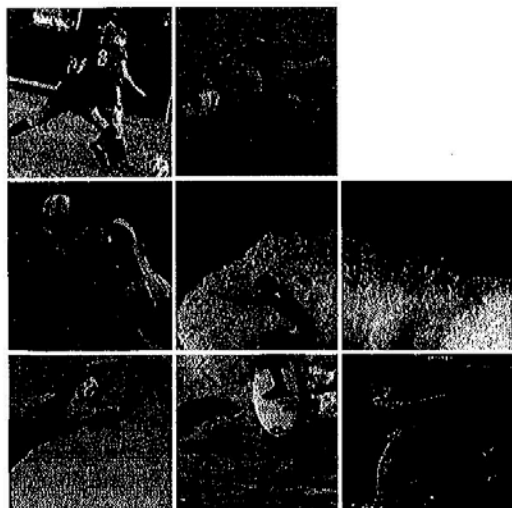
Student Registration -

Students must register their attendance at the trials no later than Thursday March 24th. Primary schools can send through a list of students attending or parents can contact Illawarra Sports High School front office.

If a child is unable to attend the trial due to other commitments, please still register and return the permission form.

Information and Permission Note –

See your primary school for the information and permission note.



Amy Child - Director of Sport

Phone: 4271 1099

Email: amy.child2@det.nsw.edu.au

www.illawaspor-h.schools.nsw.edu.au

 Illawarra Sports High TSDP

 @ISHS_SURFING or ISHS_TSDP

SUPPORTING TALENTED ATHLETES THROUGH EDUCATION



UNIVERSITY OF
WOLLONGONG
AUSTRALIA



Attention PARENTS who
DO NOT received Fortnightly
Family Tax Benefits Payments

You must now lodge a 2015 Lump Sum
Claim Form to receive your benefits

DEADLINE
30 JUNE 2016

ARE YOU CONFUSED ABOUT WHAT TO DO?

Email info@twelve.com.au for a Fact Sheet

www.twelve.com.au

info@twelve.com.au





All Participants must be or become PCYC members
Reddall Parade Lake Illawarra NSW 2528 4296 4448

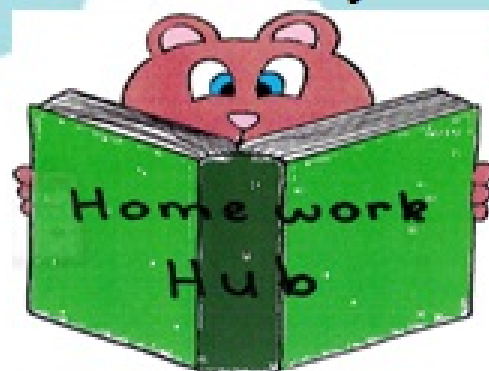
Homework Hub

**Tuesdays 3:30pm - 5pm
(throughout school term)**

PCYC Lake Illawarra is proud to announce the arrival of the Homework Hub.

Homework Hub is a tutoring program assisting students from Kindergarten to Year 8 in their day-to-day homework tasks. This program will run from 3.30 – 5pm on Tuesday afternoons throughout the school term.


The program is funded by Clubs Grants NSW





Our school now has a free app to deliver school information, instantly and directly to your smartphone.

How to get the School Stream app on your mobile device

1. From your mobile device go to the **App Store (iPhone/iPad)** or **Play Store (Android)**, search for **School Stream** and download the app to your phone.
2. Make sure you agree to **push notifications**
3. Once School Stream has finished installing, open the app, **type your school name into the search** then select your school. For more detailed instructions go to **schoolstream.com.au/download**
4. Are your children attending different schools? Tap the school selector,  select add a school, type the school name* into the search then add. Jump between your children's schools by touching the school name/logo in the top blue bar, or switch schools from the slide-in menu.

*Any additional schools will need to be licensed users of School Stream to appear in the app.

Choose what notifications you receive

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School

Return at any time to change the notifications you receive.

Don't have a smartphone?

If you don't have access to a smartphone and require information to be delivered via traditional methods (printed notices, email and SMS), please fill out the form below and submit it to the office.

Family name: _____

Students Name	Class

Please indicate the reason:

- ☐ I don't have access to a smartphone (e.g. iPhone, Android, etc.)
- ☐ I prefer not to receive information from the school on my smartphone
- ☐ Other (please specify) _____