



# Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

Email: barrackht-p.school@det.nsw.edu.au

Phone: (02) 42 964 222 Fax: (02) 42 972 818

**‘WORKING TOGETHER’**

## NEWSLETTER

**2016 Term 1 Week 11**

### TERM 1 IMPORTANT DATES

Friday 8<sup>th</sup> April

Monday 25<sup>th</sup> April

Wednesday 27<sup>th</sup> April

Tuesday 10<sup>th</sup>-Thursday 12<sup>th</sup> May

Last day of Term 1

Anzac Day Public Holiday

Students return to school

Anzac Day ceremony, 10.30am

NAPLAN

Dear parents, carers, students and community members,

### Cross Country Carnival – Results

The Barrack Heights School Cross Country Carnival was held last Friday. The following students qualified to compete at the District Carnival to be held at Blackbutt Reserve on Wednesday 4<sup>th</sup> May (Week 2 Term 2).

#### Years 8/9 Boys

Alex B

Kobe W

Reece C

Malakai W

Lewis B

Rivah J

Zac A

Nate J

Cooper M

#### Years 8/9 Girls

Ava D

Hermione B

Aleisha M

Carla K

Angel P

Kaylie A

Isabelle M

Paitton M

Charlotte F

#### 10 Years Boys

Charlie A

Michael K

Danish H

Byron H

Michael I

Thomas D

Dalibor B

Issac A

Jayden P

#### 10 Years Girls

Modesty M

Demi K

Shylow M

Kirra P

Marlee F

Alana M

Tiffany B

Stephanie S

Jessica R

#### 11 Years Boys

Denzel W

Luke D

Lucas S

Corey M

Harvey D

Gideon B

Raymond S

Jack S

James R

#### 11 Years Girls

Rhianna D

Samantha S

Porsha W

Catherine W

Emma S

Dakota C

Jorja R

Hayley N

Angel T

#### 12 Years Boys

Lewis B

Max F

Mitchell P

Victor C

Jeremy J

Seth P

Trent P

Jai R

Sam S

#### 12 Years Girls

Christina R

Chelsea F

Colleen C

Dakota T

### ANZAC Assembly

At 10.30am on Wednesday 27<sup>th</sup> April, our Parliamentary Leadership team will conduct an ANZAC Commemoration Assembly around our flagpoles. Students who would like to bring a floral tribute or wear some rosemary are most welcome to do this on Friday. In addition to this, BHPS Prime Ministers and Shadow Prime Ministers will join other students from local schools at the Shellharbour City Council Centenary of ANZAC Commemoration Service. This event is open to the entire community at Shellharbour City Memorial, Harrison Park commencing at 7.20 on Monday 25<sup>th</sup> April.

### Winter School Uniform

We began the year with an excellent effort in wearing the correct school uniform each day. Winter uniform for both boys and girls consists of a royal blue tracksuit, red collared school polo shirt and appropriate footwear. **Girls may no longer wear leggings/tights as part of their school uniform.** If the weather is

extremely cold and you feel your child needs extra protection from the wind, they may wear a parker, beanie, scarf and gloves in the playground, but will be asked to remove these during class time. If it is possible to buy these in school colours, please support our royal blue. The school hat must still be worn to play.

### **Music Lessons – final call!**

Barrack Heights Public School has been given the opportunity to offer music lessons in Term 2. This is a fantastic opportunity for students to receive quality music lessons in small groups. The lessons will be run by Miss Emily Meithe, who taught recorder at our school during 2015. Depending on interest, these lessons will be held after school on a Monday or Wednesday.

Small group lessons are being offered at a cost of \$10 per hour and available for the recorder or the ukulele. Private lessons are also available at a cost of \$15 per half hour.

Miss Meithe specialises in teaching the flute and is offering private lessons in the Fife. This is the instrument that students learn before progressing to the flute. The cost of Fife lessons are \$15 per half hour. If you are interested in your child attending, please contact the school office.

### **Happy Holidays!**

I would just like to wish all students and their families a safe and happy holiday break. This 11 week term has been a long and busy one! I look forward to seeing everyone return to school relaxed and ready for Term 2. Don't forget your sunscreen, helmets and protective behaviours to ensure your safety at all times.

Sarah Rudling  
Principal

**Kids Helpline** 1800 55 1800  
**Crimestoppers** 1800 333 000

### **Stewart House Donations**

Every Year Stewart House has a donation drive. These envelopes were sent home with the students last week and the bags for unwanted clothing bags were sent home last Thursday. Please place any clothing bags inside the hall.

### **Warilla Bowls Club School Holiday Tennis Camp**

Tuesday 12<sup>th</sup>, Wednesday 13<sup>th</sup> and Thursday 14<sup>th</sup> April 2016, 9.00 am-12 noon

Jason Avenue, Warilla

- Games and Prizes
- Ball machine
- Special family rates apply

All enquiries/bookings: Brett & Michelle Edwards  
0403289974 or 0413064298

### **Kindness at Barrack Heights**

This week's Kindness Ambassador of the week...

#### **Ambassador of the week**

**Name :** Max

**Year :** Six

**What does kindness mean to me ?**

It means helping people who need help. Identifying those people in need..

**How do I feel about being a Kindness Ambassador ?**

I feel great! It makes me feel responsible and a positive role model in the school.

**If I could make one kindness rule , what would it be ?**

My rule would be..... " Making sure everyone has a friend so that they don't get lonely."



**Health**  
Illawarra Shoalhaven  
Local Health District  
Public Health Unit

Dear Parent or Guardian and staff,

24/03/2016

A child from *Barrack Heights Public School* has been diagnosed with pertussis (whooping cough). I am writing to provide advice and to ask that you watch out for the symptoms of pertussis in your child, especially over the next 3 weeks.

**What is pertussis?**

Pertussis is an infection of the respiratory tract that can cause bouts of coughing, sometimes breathing difficulties and vomiting. It can be a very serious infection in small children. The illness can last for many weeks. It usually starts with a snuffle or a cold.

**What should people who are sick with pertussis do?**

If your child or a family member develops symptoms, contact your family doctor as soon as possible and take this letter with you.

This is extremely important if there is a baby less than 12 months of age living in your household.

Your doctor can advise whether pertussis is likely and arrange for early treatment if needed. Treating people who have pertussis with antibiotics can stop the infection spreading, but is more effective if started early.

To help prevent this infection spreading, people who have been diagnosed with pertussis should not attend child care, school or work until they have completed the first 5 days of a course of the recommended antibiotics. If antibiotics cannot be taken, then they must stay away for 3 weeks after onset of the cough.

**How is it prevented?**

Vaccination is the most important way of reducing pertussis in our community. It is important to double check that your child is fully up to date with his or her immunisations against pertussis. If in doubt, please ask your doctor to check.

NSW Health recommends adult booster vaccine every 10 years to protect from Diphtheria, Tetanus and Whooping Cough.

**Need more information?**

For more information, please see the Pertussis Factsheet, or call the Public Health Unit on 02 4221 6700 or visit the NSW Health [www.health.nsw.gov.au](http://www.health.nsw.gov.au)

Yours Sincerely,

**Curtis Gregory**

Director

Wollongong PHU, Illawarra Shoalhaven LHD

**Public Health Unit – Wollongong Office**

Illawarra Shoalhaven Local Health District

ABN 16 323 767 470

Locked Bag 9, Wollongong, NSW 2500

Tel (02) 4221 6700 Fax (02) 4221 6759

Attention PARENTS who  
DO NOT received Fortnightly  
Family Tax Benefits Payments

You must now lodge a 2015 Lump Sum  
Claim Form to receive your benefits

**DEADLINE**  
**30 JUNE 2016**

**ARE YOU CONFUSED ABOUT WHAT TO DO?**

Email [info@twelve.com.au](mailto:info@twelve.com.au) for a Fact Sheet

[www.twelve.com.au](http://www.twelve.com.au)

[info@twelve.com.au](mailto:info@twelve.com.au)







*All Participants must be or become PCYC members*  
Reddall Parade Lake Illawarra NSW 2528 4296 4448

# Homework Hub

**Tuesdays 3:30pm – 5pm**  
**(throughout school term)**

PCYC Lake Illawarra is proud to announce the arrival of the Homework Hub.

Homework Hub is a tutoring program assisting students from Kindergarten to Year 8 in their day-to-day homework tasks. This program will run from 3.30 – 5pm on Tuesday afternoons throughout the school term.

The program is funded by Clubs Grants NSW





**Our school now has a free app to deliver school information, instantly and directly to your smartphone.**

#### How to get the School Stream app on your mobile device

1. From your mobile device go to the **App Store (iPhone/iPad)** or **Play Store (Android)**, search for **School Stream** and download the app to your phone.
  2. Make sure you agree to **push notifications**
  3. Once School Stream has finished installing, open the app, **type your school name into the search** then select your school. For more detailed instructions go to **[schoolstream.com.au/download](http://schoolstream.com.au/download)**
  4. Are your children attending different schools? Tap the school selector,  select add a school, type the school name\* into the search then add. Jump between your children's schools by touching the school name/logo in the top blue bar, or switch schools from the slide-in menu.
- \*Any additional schools will need to be licensed users of School Stream to appear in the app.

#### Choose what notifications you receive

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School

Return at any time to change the notifications you receive.

#### Don't have a smartphone?

If you don't have access to a smartphone and require information to be delivered via traditional methods (printed notices, email and SMS), please fill out the form below and submit it to the office.

**Family name:** \_\_\_\_\_

Students Name	Class

Please indicate the reason:

- ☐ I don't have access to a smartphone (e.g. iPhone, Android, etc.)
- ☐ I prefer not to receive information from the school on my smartphone
- ☐ Other (please specify) \_\_\_\_\_