

Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

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‘WORKING TOGETHER’

NEWSLETTER

2016 Term 3 Week 6

TERM 3 IMPORTANT DATES

Tuesday 23rd August

Thursday 25th August

Friday 26th August

Monday 29th August

Tuesday 30th August

Wednesday 7th September

Thursday 8th September

Monday 12th September

Monday 19th September

K-2 Mini Olympics

Ngargin Doctor's MALPA excursion

Book Week- Oak Flats Library performance

Sausage Sizzle

5/6S & 5/6W Excursion to Sydney

Killalea Excursion

Interrelate Sessions

KB & K/1P Early Start Discovery Space Excursion

YCDI Assembly

Clubs Open Day

Dear parents, carers and community members,

Children's Book Week

Each year, across Australia, The Children's Book Council of Australia brings children and books together celebrating Children's Book Week. During this time schools, libraries, booksellers, authors, illustrators and children celebrate Australian Children's Literature. During this time you will often see children's Book Character Parades and talented librarians creating amazing displays. Last year, we celebrated Book Week with a parade and Book Fair. This year, staff from Oak Flats Public Library will visit our school to perform for all classes K-2. This will happen on Friday at 12.30pm. We are grateful to Oaks Flats Library staff for selecting our school for this wonderful experience!

Cardio-pulmonary Resuscitation (CPR), First Aid and Anaphylaxis training

Each year, all BHPS staff participate in face to face CPR, First Aid and anaphylaxis training to ensure that we know how to respond to any emergency situation with any child at our school. This is a mandatory requirement of the Department of Education, but requires staff to complete this training in their own time. Our staff will be completing this today, remaining at work until 6pm. Although many members of our community and country believe that teachers work "easy hours" and have "too many holidays", I can assure you that this myth is far from the truth. It is important to understand, BHPS teachers work from home most nights, and some of their weekends. Many come to work in the holidays, to plan and prepare – all to support your children in gaining the best education that they can possibly receive. Please show your support by appreciating the commitment teachers have to our school and our kids – it is really appreciated!

NAPLAN Results

The National Assessment Program – Literacy and Numeracy (NAPLAN) is a series of tests focused on basic skills that are administered annually to Australian students in Years 3, 5, 7 and 9. These standardised tests assess students' reading, writing, language (spelling, grammar and punctuation) and numeracy and are administered by the Australian Curriculum, Assessment and Reporting Authority (ACARA). This year's NAPLAN results have been sent to the school, and parents will receive their children's results today.

While the NAPLAN Tests provide information about a child's perceived ability (in strict test conditions), on a particular day, it is always important to take into account your child's whole educational experience – which cannot be indicated in these results. I am pleased with the overall growth of our students, across all areas, (as described in NAPLAN), and will have some discussions with staff about areas in which we may be able to improve. If you have any concerns about your child please, as always, contact your child's class teacher.

New School Tracksuit

Our school P&C have endorsed a new school tracksuit, which has been delivered and is ready for sale through our uniform shop. It is a light weight, microfibre, 2-piece suit, with the school logo. You can buy the tracksuit as a whole (\$55), or each piece separately (jacket \$30, pants \$25). This does not replace any of our original school uniform, but is in addition to what already exists. We will have a sample pinned on a board outside the canteen from tomorrow morning.



Sarah Rudling
Principal

Kids Helpline 1800 55 1800
Crimestoppers 1800 333 000

LOST

A child's pair of reading glasses have been lost. They are brown plastic frames. Please see the office if they are found.

Sausage Sizzle

There will be a sausage sizzle this Friday, 26th August to raise money for Bootcamp Day. Drink and a sausage \$2.50.

Smile and Win! School Oral Health and Dental Care Program

Our school recently partnered with Australian Mobile Dental Care (AMDC) to offer an excellent preventative dental program at no cost to students who are eligible under the Federal Government's Child Dental Benefits Schedule (CDBS).

To support a healthier school community, students wishing to have their teeth checked for a healthy smile, as well as for a chance to win an iPad and gift voucher, should read and return the information and parental consent forms attached as soon as possible.

The large state-of-the-art clinic will be here in Term 3 Weeks 8, 9 and 10 to provide free assessments and one-one education to every student; they will also provide fully bulked billed services, including a scale and clean, fissure sealants, fluoride applications and further treatment as required. We also offer prevention packages to students in private health funds who do not qualify for the Medicare CDBS scheme with NO GAP payable.

The healthy program has been successfully established by AMDC for a number of years now in over 150 schools throughout NSW alone to encourage children to take care of their teeth and gums from an early age. Student eligibility is based upon the CDBS scheme, which we can check for you on completion of the consent form.

We are all very excited to be a part of this transforming opportunity for our students especially those who struggle to regularly visit the dentist. As we know, bad oral health also affects our students' overall wellbeing including their eating habits, nutrition, classroom attentiveness, speech development and social confidence.

If you have any questions regarding eligibility and what the program offers, please contact the school or AMDC directly on 02 9761 4700.

CONFIDENCE



☐ Confidence means ... feeling I can do it. Confidence also means not being afraid to make mistakes or to try something new.

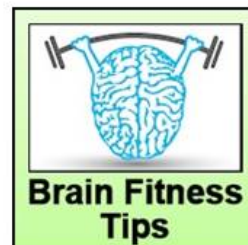
Examples of Being Confident

- ☐ Raising my hand to answer a hard question
- ☐ Doing hard work without asking for help
- ☐ Sharing a new idea with my teacher and class
- ☐ Saying "hello" and talking to someone new

Habits of the Mind to Help My Confidence

- ☐ Accepting Myself means not thinking badly about myself when I make a mistake
- ☐ Taking Risks means thinking that it's good to try something new even though I might not be able to do it
- ☐ Being Independent means thinking that it's important for me to try new activities and to give an opinion even if it's not popular
- ☐ I Can Do It means thinking that I'm more likely to be successful than I am to fail

This week you will receive a copy of your child's YOU CAN DO IT goals. Please discuss with your child how they will achieve their goals.



HOMework HELP, GROUP GAMES & FITNESS

This is a free program for primary school aged children.
Come along for Homework help followed by group games
and fitness activities.

Each Wednesday throughout school term commencing 3.8.16
from 3.30pm-5pm

PCYC Membership included
Contact 42964448 to register

Sponsored by
ClubGRANTS
1-HOUR SESSIONS, TEARS 5-6



SURF LIFE SAVING
NEW SOUTH WALES

WARILLA BARRACK POINT SLSC



OPEN DAY

9am SUNDAY 16TH OCTOBER 2016

Displays, Surf Rescue Demonstrations, Sausage Sizzle,
Games and much more.

7 Osborne Parade, Warilla NSW 2528

www.warillasurf.org.au

