

Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

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‘WORKING TOGETHER’

NEWSLETTER

2017 Term 1 Week 3

TERM 1 IMPORTANT DATES

Wednesday 8 th February	Safe4Kids Parent Workshop, Flinders Public School, 6.30-8.30pm
Thursday 9 th February	Swimming Carnival, Yrs 2-6
Monday 13 th February	Stage 3 Killalea Excursion

Dear parents, carers, community members and students,

Safe4Kids

Last week, all classes K-6 began their Child Protection education with Safe4Kids creator, Holly-ann Martin. Holly taught the children about safe and unsafe risks, public and private body parts, clothing and pictures, Safety Teams and using the Kids Helpline. Your children may have come home and shared some of this with you! Throughout the rest of the term (and year), teachers will continue this important education program. You may receive letters home explaining lessons being covered. Please see your child's class teacher if you need help or assistance with any questions, either you or your child may have on these topics.

From Holly:

Most people have heard of the Kids Helpline but they don't really know the true value of this amazing resource for children. Things to know about the Kids Helpline:

- *It's free from a mobile, public or home phone.*
- *Children can phone, email or messenger service.*
- *They are available 24 hours a day, 7 days a week, 365 days a year.*
- *The service is for children and young people aged from 5 to 25 years of age, so people can phone them right up to the day the caller turns 26.*
- *The caller can specify whether they want to speak to a male or a female.*
- *You may not like the first counsellor who takes the call, but once you find someone with whom you feel really comfortable you may keep asking for that counsellor by name without having to go over your story again and again.*
- *Callers may keep speaking to the same counsellor until they turn 26 or the counsellor leaves the Kids Helpline.*
- *No two counsellors will have the same name, so there will never be any confusion.*
- *The call is private and callers may be anonymous if they choose. In the beginning they may not want to use their real name and that is fine. Sometimes it is easier to tell a total stranger what is happening.*
- *If the counsellor is unavailable, because they are on another call or not on duty that day, the caller will be advised when their counsellor will be available, so the caller knows when to phone back.*

A Parent Workshop has been organised for Wednesday 8th February at Flinders Public School from 6.30-8.30pm. Parents who have attended past workshops cannot speak highly enough of Holly's work. Please attend, if you can! NOTE: It is not appropriate for children to attend the session – free child minding will be offered if you require this to attend.

Holly-ann's website can be viewed at: <http://www.safe4kids.com.au>

Swimming Carnival

This will be held this Thursday 9th February for **all** students in years 2-6. Money and notes should have been returned by (last) Friday. *It is expected that all children should attend the school and the carnival as it is deemed as a normal school day.* Parents and carers are encouraged to attend! Please contact the office if you have any questions or concerns.

2017 Sports Leaders

Big congratulations to the following students who have been voted by their peers as the 2017 Sporting House Captains and Vice Captains!

CAPTAINS

Brisbane: Luke D and Kya N
Hunter: Gideon B and Aleksia M
Patterson: Alex F and Samantha S
Cook: Cory M and Alana M

VICE CAPTAINS

Sean D and Victoria C
Kane V and Jemiah W
Danish H and Shaya C
Jack S and Shylow M

2017 Annual Permission Note – please return!

Once signed, it will cover your child in a number of different areas including permission to publish, permission to leave the school on escorted, (local) walking excursions and sporting activities, permission to watch curriculum linked PG rated DVD's or internet clips etc. We are doing this to save on paper, and to reduce the amount of times parents are requested for permission to engage in alternate learning activities for their children. We will continue to ALWAYS inform you of intended activities, so that you are aware of any changes to normal school routine. Please fill in all parts of the permission letter, and return it to your child's class teacher.

Excursions and Opal Cards

As you are aware, teachers at Barrack Heights Public School go to great lengths to organise excursions that are cost effective and relevant to what is being taught in classes. The cheapest way for students to travel, is by using public transport. As we can no longer purchase individual tickets when we take children on excursions, this year EVERY family will need at least one student Opal card with appropriate funds for their children to attend excursions. We recommend \$10 per excursion, as a trip to Sydney (return) is \$8.80 per student. Barrack Heights IGA sells Opal cards, as does Oak Flats Railway Station. Please organise this soon for your children, so that you are well prepared for upcoming events! return.

Sarah Rudling
Principal

Kids Helpline 1800 55 1800
Lake Illawarra Police 4232 5599
Crimestoppers 1800 333 000



AST SURF SCHOOL
PRESENTS
What Six **SURF GROMS**

5 WEEK SURF PROGRAMS

SUMMER PROGRAMS STARTING 18TH OCT- 20 TH NOV

- Surf groms is a FUN, HEALTHY, EDUCATIONAL surf program for kids. Focusing on beach awareness and on beach safety.
- Boards & wetsuits provided, all Coaches are certified by Surfing Australia. All coaches are Surfing Australia level 1 qualified, hold current first aid certificates and working with childrens checks certificates & Working with childrens checks.

BOOK YOUR PLACE NOW!
WWW.SURFGROMS.COM.AU

TO FIND OUT MORE: 1800 711 189
INFO@AUSTRALIANSURFTOURS.COM.AU

Australian Government
Australian Sports Commission



The Fun Starts Here!

Before School (6.30-9am),
After School (3-6pm)
and School Holidays
at Balarang
Public School

Big Fat Smile CLUB
@Balarang

bigfatasmile.com.au