

Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

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‘WORKING TOGETHER’

NEWSLETTER

2017 Term 1 Week 4

TERM 1 IMPORTANT DATES

Wednesday 15th February

Thursday 16th February

Friday 17th February

NRL Whole School Assembly 9.20am

Year 6 Parent High School meetings

District Swimming Carnival, Warilla Pool

Dear parents, carers, community members and students,

Anniversary of apology to the Stolen Generation

Today marks the 9th Anniversary of the National Apology to Australia's First Peoples – a sacred moment in our nation's history that must never be forgotten. There is still much work to do. We know that Aboriginal and Torres Strait Islander peoples are still grossly over-represented in our prisons, in out-of-home care, are still dying in custody and are still subjected to racism on a regular basis. Ms Rudling, Mrs Mangos, Veronica and Troy together with our student leaders will represent Barrack Heights Public School on Friday at the Illawarra Koori Mens Support Group commemorating local people who were part of the Stolen Generation.

Swimming Carnival Report – Mr Mark Ellsmore

In very hot conditions last Thursday, the school held its annual swimming carnival at Warilla Pool. We held the competitors carnival in the morning. Well done to the following children have qualified to swim at the District carnival this Friday: Alex B, Dalibor B, Gideon B, Reece C, Luke D, Liam D, Thomas D, Chayse E, Byron H, Hunter J, Rivah J, Bailey R, Phoenix R, Kobi W, Malaki W, Dakota C, Marlee F, Courtney G, Isabelle M, Abbey Q, Emma S, Melanie V, Samara W and Jemiah W.

Following the morning carnival, we held a tabloid of fun novelty events, which was enjoyed by all the participants.

Thank you to all the parents who assisted in the morning with timekeeping and to our wonderful staff who worked hard in trying conditions. Finally, the children did us proud with their behaviour and participation. They certainly displayed the 5 Keys to Success throughout the day!

Voluntary School Contribution 2017

Single child payment - \$20 Family payment (3 children or more) - \$50

The students of Barrack Heights Public School, benefit directly from the financial contributions made by parents during the beginning of each school year. Every dollar received is used to provide additional resources for our student learning programs – in classrooms, during out of school experiences and throughout the school. Your contribution is a very important component of our annual funds.

We are encouraging parents to support learning programs during 2016 by sending a single, double or family contribution. We have again kept the price low - \$20 per student with a maximum of \$50 per family. This equates to 10 cents a day per child – exceptionally reasonable!

We use school contribution funds to support existing programs in the school including Breakfast Club, annual PSSA fees, science experiments, Clubs, additional stationary and classroom items, playground equipment, teaching aides and visual arts supplies.

Payments can be made by sending in an envelope with your child/ren's names and classes and placing in the black collection box at the end of the Administration Block corridor.

Dance2bfit

Dance2bfit is an energetic, innovative and fun way to get fit and funky with the latest dance styles to the hottest music tracks. This is a great program to improve the fitness levels of students while they are having

a great time. Dance2bfit has been developed specifically for NSW Primary Schools under the PDHPE syllabus where students have fun learning a new dance each class.

This Term, professional dance instructors will visit our school (beginning on Friday) once a week to teach the students fun, funky dance moves that will improve coordination and create opportunities for students to gain self-esteem and confidence. To introduce this program, we have decided to use school equity funds to support the program, which usually costs \$40 per term per student to participate. Each class will attend a half hour dance class after lunch on Fridays for the remainder of the term.

Student Engagement at BHPS

As is the same with all schools, Barrack Heights Public School has three Strategic Directions as part of our 2015-2017 School Plan. The school's third Strategic Direction focuses of Well-being and Mindfulness and the skills, strategies and support required to educate staff, students and parents for this important life-skill learning. We employ additional staff, run programs and undertake professional learning to ensure that we understand the complex role of working together with our students and community.

This year, we are introducing a new mentoring program for students called "Speak Spot". It involves staff in our Student Engagement Team working with teachers to allow time for students to speak with members of the team about any goal setting, problems, issues or questions they may need help with during the week. Teachers involved include: Mr Glenn Nisbet, Mrs Chris Mangos, Mrs Kim Doran, Mrs Denise Broomham, Ms Sarah Rudling. Students can nominate the staff member they would like to speak with, and will be given time on Thursday afternoon to meet with this staff member. Students will be given a note to bring home, to let them know that they have engaged in the "Speak Spot" program and with whom they spoke. We are trialling this in an effort to give students a voice at school and utilize the strategies that Holly-ann Martin from Safe4kids has taught our students about speaking to people in their safety team. If parents/carers would like any additional information, please contact Denise Broomham in the office.

Kindness on Purpose in 2017

Following from the whole school success of introducing Kindness on Purpose during 2016, founder Katrina Cavanough will work within our school each Thursday this year. Katrina will work in classrooms and take small groups of students to improve social skills and understanding the importance of empathy in our school. If your child is recommended by our Learning and Support Team, you will be contacted by phone by either Ms Rudling or Mrs Broomham, and a permission letter will also be sent home. We look forward to this new partnership and program development during 2017.

Welcome BBQ – meet the teacher

On Wednesday 1st March, all parents and carers will be invited to attend a welcome BBQ and classroom visit from 3pm. This year, we are staggering the "teacher talks" so that parents can move between classes. A free sausage sizzle BBQ will run during the afternoon. Teachers will be speaking about their respective classes at the following times:

Stage 1 – 3.10-3.30pm

Stage 2 – 3.40-4.00pm

Stage 3 – 4.10-4.30pm

Sarah Rudling
Principal

Kids Helpline 1800 55 1800
Lake Illawarra Police 4232 5599
Crimestoppers 1800 333 000

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Scholastic Book Club

Scholastic Book Club orders are due in by this Wednesday the 15th February.



OAK FLATS HIGH SCHOOL

Year 6 Expo Night

MONDAY 20TH FEBRUARY 2017

Dear Future Students, Parents/ Carers,

Oak Flats High School believes that familiarity in a high school setting is an integral part of your child's transition from primary school. It is also important that parents become confident in the school's facilities, policies and procedures that take place at Oak Flats High School.

Oak Flats High School would like to invite you to an afternoon "Expo" that will give you the opportunity to visit our school and find out about the programs we offer. We feel that Oak Flats High School is a first rate choice as the local school for your child's secondary education.

The afternoon will provide you the opportunity to meet the Relieving Principal Angela Byron and 2018 Year Adviser Steven Ayrton, and to inspect the facilities and watch demonstrations and displays at your leisure.

The school will be buzzing with activities from each faculty and the Student Representative Council will be providing a complimentary barbecue. Our Hospitality students will also have their cafe 'Froth on Top' open for finger food, coffee and cold drinks.

Year 6 Students/Parents/Carers are to meet in the school hall at 4.00pm, where students will be given Oak Flats High School sample bags including information on the 2018 enrolment process.

We look forward to meeting our future students and parents.

Angela Byron
Relieving Principal

Steven Ayrton
Year Adviser

Learning for Life Scholarship

ARE YOU STRUGGLING WITH THE COST OF YOUR CHILD'S EDUCATION?

The Learning for Life scholarship can provide parents with two payments a year which can be spent on uniforms, school shoes, stationary, BYOD, excursions and all other costs related to school.

(Payments are to be used for school expenses only!)

You may be eligible for the scholarship if your family:

- ✓ holds a Pension or Health Care card
- ✓ attends one of our partner schools
- ✓ demonstrates a commitment to education (children attend school regularly)

Please call **Alisha** on **0466 745 454** or email
alisha.mcluckie@thesmithfamily.com.au
for more information.



The Fun Starts Here!

Before School (6.30-9am),
After School (3-6pm)
and School Holidays
at Balarang
Public School

 **Big Fat Smile**
@Balarang
bigfatmile.com.au





Department
of Industry
Resources & Energy

Support to Pay Electricity and Gas Bills*



FAMILY ENERGY REBATE



LOW INCOME HOUSEHOLD REBATE



NSW GAS REBATE



MEDICAL ENERGY REBATE



LIFE SUPPORT REBATE



ENERGY ACCOUNTS PAYMENT ASSISTANCE

Help is available to pay
your energy bills.

For information on
rebates and emergency
assistance go to:

[www.resourcesandenergy
.nsw.gov.au/rebates](http://www.resourcesandenergy.nsw.gov.au/rebates)

or phone Service NSW
on 137 788

* eligibility criteria apply



ILLAWARRA SPORTS HIGH SCHOOL

RESPECTFUL | RESPONSIBLE | LEARNERS

Gura Street, Berkeley NSW 2506 | PO Box 78 Berkeley | T: 02 4271 1099 | F: 02 4271 3511
Illawaspor-h.school@det.nsw.edu.au | www.illawaspor-h.schools.nsw.edu.au

SUPPORTING TALENTED ATHLETES THROUGH EDUCATION



YEAR 5 & 6 OPEN NIGHT MONDAY FEBRUARY 20TH

Illawarra Sports High School Hall
Information session and a tour of the school

Contact the school for more information

AST SURF SCHOOL

PRESENTS

5 WEEK SURF PROGRAMS

SUMMER PROGRAMS STARTING 18TH OCT- 20 TH NOV

- Surf groms is a FUN, HEALTHY, EDUCATIONAL surf program for kids. Focusing on beach awareness and on beach safety.
- Boards & wetsuits provided, all Coaches are certified by Surfing Australia. All coaches are Surfing Australia level 1 qualified, hold current first aid certificates and working with childrens checks certificates & Working with children's checks.

BOOK YOUR PLACE NOW!
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TO FIND OUT MORE: 1800 711 189
INFO@AUSTRALIANSURFTOURS.COM.AU

