



Barrack Heights Public School

HUNTER STREET
BARRACK HEIGHTS 2528
'WORKING TOGETHER'

Newsletter Term 2 Week 8



YOU CAN DO IT!
Focus for the week
"We Solve Problems (Get Along)"
We are **safe, respectful and accepting.**



TERM 2 – IMPORTANT DATES

What's On

18 June – Monday	Assembly
19 June – Tuesday	Running Club
19 June – Tuesday	Debating Team at Tullimbar PS
19 June – Tuesday	Toastmasters Debating
20 June – Wednesday	Kindness on Purpose – State of Origin Game
20 June – Wednesday	Staff Professional Learning Afternoon "Multiculturalism & Social Inclusion"
20 June – Wednesday	Protection Movie (Starring Barrack Heights PS) screens at Gala Warrawong
21 June – Thursday	Stage 3 visit Shellharbour Library
21 June – Thursday	K-2 Incursion "Past & Present" Day - Assembly & Various Activities
23 June – Saturday	Shellharbour City Council 'Cultural Treasures' Multicultural Festival

What's Ahead

25 June – Monday	Clubs
26 June – Tuesday	Running Club
27 June – Wednesday	Athletics Carnival
29 June – Friday	Red Nose Day
02 July – Monday	Assembly
03 July – Tuesday	NAIDOC Day Celebrations
04 July – Wednesday	Kindness on Purpose – State of Origin Game
04 July – Wednesday	Parent Teacher Interviews
06 July – Friday	Last Day of Term 2
07 July – 22 July	School Holidays

Parent/Carers Corner "Helping your child with maths"

Kindness Corner "How to get your child talking about kindness"

Dear Parents/Carers

Football

The FIFA World Cup has started and what an effort from our Socceroos over the weekend! No doubt there will be lots of conversations about football over the next month. Please take this time to speak with your children about the importance of good sportsmanship! Australia v's Denmark Thursday 21 June 10:00pm.

Jewellery – Information as per the School Handbook Issued to All Parents on Enrolment

The NSW Department of Education requires that jewellery or other items that could cause an injury to themselves or other students are not worn. Given that our students are involved in regular physical

Thinking First

... leads to solving conflicts peacefully
and getting along

activity and play throughout the week there are important restrictions on what students can wear to school as jewellery or accessory items.

- As a general rule, no jewellery is allowed - this includes piercings other than ears, chains, rings, bracelets and necklaces.
- **Stud earrings and sleepers (in ears) and watches are the only acceptable jewellery.**
- Nail polish and cosmetics should not be worn to school.
- Acceptable additional items include watches and sunglasses.

YCDI Acknowledgement System

Mrs Murphy, Deputy Principal along with the school's Wellbeing Team have been reviewing our school's YCDI program. As a result, this year our school enhanced our YCDI lessons with the introduction of YCDI digital lessons. These digitally enhanced and engaging lessons cover all the 5 keys to success with a strong focus on individual short term goal setting on social and emotional competencies.

The school has been gathering feedback from students, teachers and community about our You Can Do It! Gold, Silver and Bronze system. Thank you to those parents who attended and contributed feedback at our P&C meeting last week, and also, those who took the time to post questions/comments on the P&C Facebook page. There was rigorous discussion at the P&C meeting about our current Gold, Silver and Bronze system, and we also discussed the feedback gathered from teachers and students.

Overall, from students, teachers and parents, the feedback was consistent with high numbers recognising the importance of acknowledging those students who are always trying their best, whilst also ensuring a system that recognises and acknowledges ALL students more regularly based on their personal goals that they have been working towards. In light of this, we will be holding our YCDI Assembly on **Wednesday Week 10** which will recognise ALL students by acknowledging their hard work towards their personal goal with a recognition certificate of feedback, replacing the Gold, Silver and Bronze levels. Each class will also have the opportunity to select YCDI Stars, which will acknowledge students who are going above and beyond always, when working towards their 5 keys to success. We are planning to hold our You Can Do It! assemblies at the end of each term.

We look forward to this important celebration assembly and hope that we see many parents/carers there.

Mrs Kocovska
Principal
SAFETY, RESPECT and ACCEPTANCE

Kids Helpline 1800 55 1800
Lake Illawarra Police 4232 5599
Crimestoppers 1800 333 000

Luis from 3/4K receives a reply from author Andy Griffiths

Last term Luis from 3/4K wrote a letter to his favourite author Andy Griffiths, with the help of Mrs Brown. Well weren't we all pleasantly surprised when Luis received a reply from Andy Griffiths himself – this was VERY exciting! Please have a read of the letter attached to this bulletin!

Awesome work, Luis!



Barrack Heights PS Debating Team

On Thursday the Barrack Heights debating team competed against Albion Park Primary School in the third round of the Premier's Debating Challenge. The topic was 'That schools should require all teachers to be fit non-smokers.'

Barrack Heights were the negative side. Brooke led the team with some strong rebuttal and two strong arguments about why schools shouldn't require all teachers to be fit non-smokers. Shylow followed up with arguments around how being judgemental would effect the self-esteem and confidence of teachers. Samara then finished with rebuttal after rebuttal which was very impressive.

Thank you to Joshua, our fourth team member who kept his team on track giving advice and support. Congratulations to Brooke who courageously took on a speaking role for the first time. The rest of our team came to cheer on their peers. Well done team!!

Report from Mrs Maranesi, Debating Coordinator



P&C Committee 2018

President: Kally McLean
Vice Presidents: Rosie Roach
Kendal Williams
Secretary: Erin Jongsma
Treasurer: Narelle Adams

P&C Meeting Dates

Term Three	8 August Wednesday	9:00am – 10:30am
	13 September Thursday	9:00am – 10:30am
Term Four	24 October Wednesday	9:00am – 10:30am
	29 November Thursday	8:00am – 9:00am
	Christmas Breakfast	9:00am – 10:30am

YOU CAN DO IT! Focus for the week - We solve problems



Acting without Thinking

... leads to behaving badly
and getting into trouble



Thinking First

... leads to solving conflicts peacefully
and getting along

This week Stage 1 students identify how they can volunteer their time and energy to make their home, school or community a better place.

Stage 2 and 3 students will know that to be a good leader, they need to have strong personal strengths including: Confidence, Persistence, Organisation, Getting Along and Resilience.

ALL students will be reminded that there is a way of thinking called **Thinking First** that helps us to get along by solving problems.

Students will understand that **Thinking First** about different solutions to interpersonal problems can help us to get along better with others.

When someone treats me badly, I need to think about the best way to act before I do or say anything.

Kindness on Purpose Corner



KINDNESS
ON PURPOSE

Include Kindness On Purpose in your dinner time or night time conversations: If your child is anything like mine; when you say "How was your day?" They will usually answer with one word - "good" That's it! So it's important to ask specific questions that invite examples of just how they spent their time at school. Children love to tell you about the good things that they do. And they want your praise.

So here are a few question that you could use to begin a conversation about kindness.

What were some kind words or kind actions that you did today to help someone feel better?
How did they feel before you were kind?
How did they feel after you were kind?
How did you feel after you were kind?

Parent / Carers Corner

Helping your child with maths

Some children find maths difficult and confusing. This could be because they are having problems with counting and remembering facts. Here are some things you can do at home to support your child's maths:

- Play with puzzles and games involving maths concepts. Games with counting, using dice and solving problems will help.
- Encourage your child to explore their thinking. Rather than telling them they are wrong get them to explore their thinking.
- Allow plenty of time to work on problems so that they don't feel pressure to answer quickly.
- Support your child's developing number sense. If a child understands the size of numbers and can separate and combine numbers they will often find solving problems easier. For example $42 + 28$, if two is taken away from 42 and added to the 28 it could be easier to work out $40 + 30$.

For more information

<https://primarysite-prod-sorted.s3.amazonaws.com/south-wootton-junior-school/UploadedDocument/bc2488fe93bf4c28940a62e333f8b98a/advice-for-parents-from-professor-jo-boaler.pdf>

Term 2 Week 6 Merit Awards

Teacher	Student	Reason	YCDI
Miss Condran	Robin K Hope B	Always being kind to others Always trying her best	G P
Miss Finlay	Shae Mc	Trying really hard with her writing and having the confidence to spell new words	C
Mrs Lewis	Olivia R Aiesha K	Being an amazing leader in the classroom Being a resilient learner	C R
Miss Bunt/Ms Pfeiffer	Cruz B Marci W	Increasing confidence in English and Maths Having a positive attitude to all learning	C P
Mrs Cole	Ashton K Ella T	Improved getting along skills in the playground Getting along in the playground	G G
Mrs Hamer	Jack K Cooper M-J	Being respectful to his teachers and peers For being confident, accepting and positive	G C
Ms Scott	Chloe F Corey-Jack C	Working with confidence in Maths Persistence working with perimeter	C P
Mrs Wheeler Mrs Shajnoski	Tim Mc Skye B	Working with persistence and resilience with all his school work. Working with great resilience in class and making an extra effort with learning her tables	P,R P,R
Mrs Mangos	Tahj B Uriah B	Great contributions during PLP meetings	C

WASTE-FREE LUNCHES

A waste-free lunch has no throw-away packaging. Everything in a waste-free lunchbox can be eaten, reused or composted. It's an easy way to provide a healthy lunch with less processed food.

Children learn to **REDUCE, REUSE, RECYCLE** and **COMPOST**

REDUCE...



Reduce the amount of waste we send to landfill.

The average Australian household throws away almost 16kg of garbage each week!



Save money and cut food waste by buying food in bulk

e.g. seasonal fruit and veg, food in larger packs or tubs (such as low-fat yoghurt, cheese and crackers) and place into small reusable containers.



Reduce the amount the school spends on waste collection. Waste that is compostable provides food for the worm farm.



Use food that doesn't need packaging

– such as an apple, a banana, a small carrot or a boiled egg.

REUSE...

- Use containers that can be washed.
- Drink bottles can be refilled with water.
- Prepare extra for dinner and pack leftovers in lunchboxes.



AVOID...

- Steer clear of plastic wrap and foil.
- Don't use disposable items like plates, knives and forks.
- Avoid individually wrapped serves of food or packaged items e.g. chips, small yoghurts.
- Write your name on containers to avoid losing them.



COMPOST...

- Tell your child to put any scraps into the green waste bin – or take it home for composting.
- Encourage your school to compost or have a worm farm.





WHAT TO PACK

1. Main lunch item
2. Nutritious snacks
3. Vegetables or fruit
4. Water
5. Crunch & Sip