



Barrack Heights Public School Term 4 Week 5

PRINCIPAL'S REPORT





Remembrance Day - This morning we held a lovely Remembrance Day Service to commemorate those who have fought in war and those who have been left behind. A big thank you to Ms Stewart who organised this service and had a number of her 3/4S students read out poems they wrote in class. Take a look further on in this newsletter at some of the photos from our service. Thank you to all the families who brought in flowers to lay at our flagpoles.

Outdoor Cinema Night - I hope you have saved the date - **Saturday November 30** at 6:30pm (for a 7:30 start), here at Barrack Heights Public School. We will be showing the much loved family classic '**Home Alone**'. On the night, there will be popcorn and drink combos available as well as a scrumptious sausage sizzle (you won't be able to go past this!). You are more than welcome to bring your own food and drink on the night, if that suits your family better. As this is a community event, held on school grounds, please remember alcohol and pets are not permitted. So prepare your chairs and blankets and make sure you save the date for this fun event. We are working in conjunction with STONE Real Estate and tickets will be available through Eventbrite. When the link is live the school will let you know how to purchase your tickets. Don't forget to invite family and friends! The more the merrier!

Scooters and Bikes - In exciting news, we have purchased scooter and bike racks for our students to park their wheels. However, if a child wishes to ride to school, as per Department of Education requirements, they must, along with their parents and carers, sign a scooter/bike contract. Safe riding to and from school is imperative. Students must know their role and responsibility when riding to and from school and the BHPS Contract highlights all the important elements that need to be taken into consideration. If you want your child to ride to and from school, please collect, discuss and sign this contract with your

child and return to school BEFORE your child rides their wheels. We thank you for helping us keep our children safe.

Warm regards,

Skye Seymour

Principal



Remembrance Day
Lest We Forget

REMEMBRANCE DAY SERVICE





















SAVE THE DATE





When: SATURDAY November 30

Where: Barrack Heights Public School

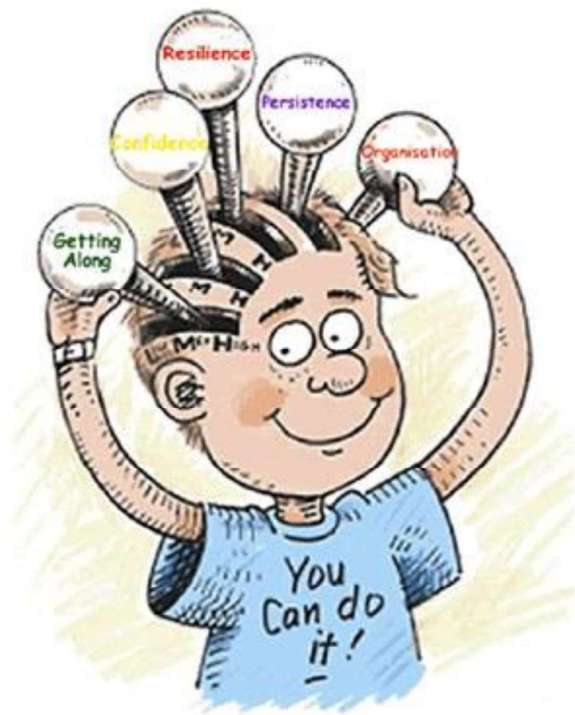
What: Outdoor Cinema Night

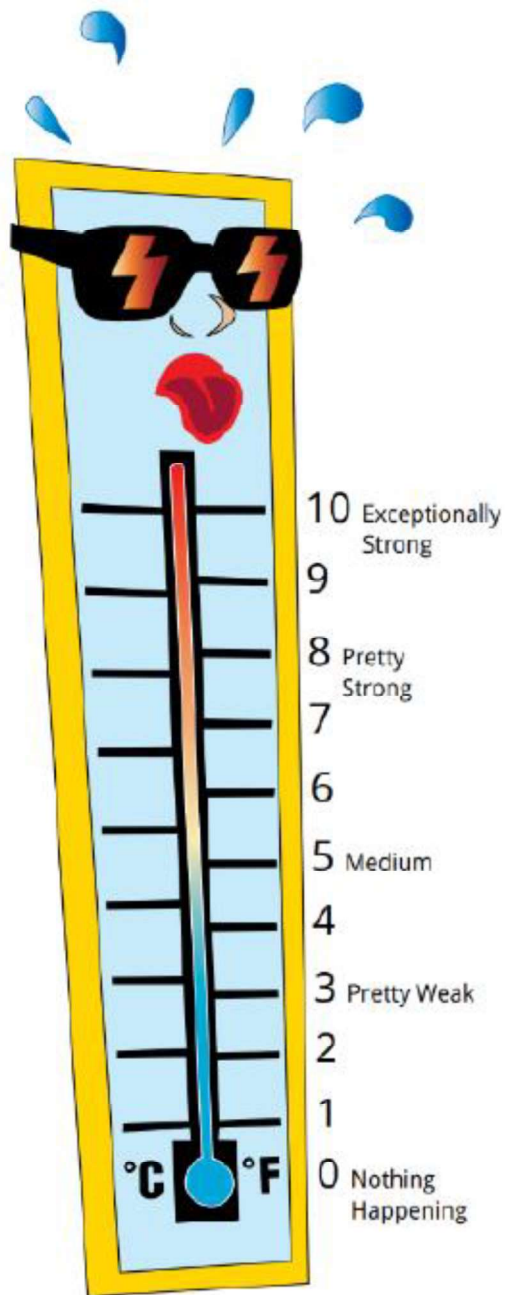
Cost: \$3 per ticket for all pre sales and \$5 per ticket if purchased on the night. *Tickets will be available through Eventbrite shortly.*

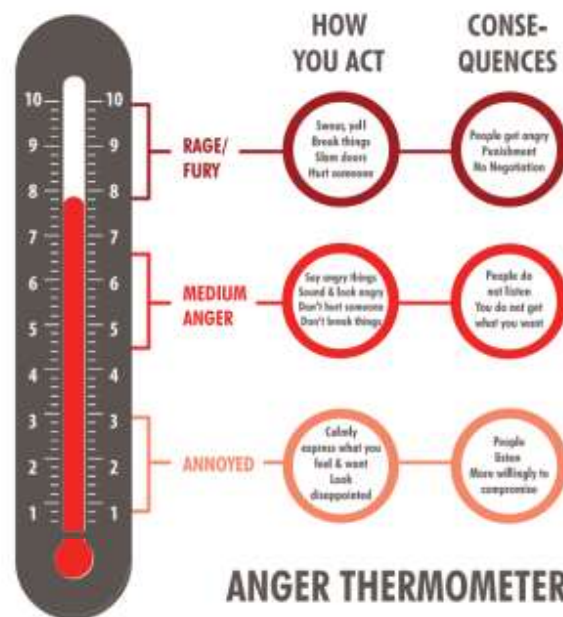
Who: Anyone! (Please note all children must be accompanied by an adult).

Extras: Food and drink can be purchased on the night so please make sure you bring cash with you.

YOU CAN DO IT!







Lesson 30 - Behaviour Management

This week students will learn how to express emotions appropriately by describing the influence that people, situations and events have on their emotions. Students will identify and describe strategies to manage and moderate emotions in increasingly unfamiliar situations. Students will identify and describe strategies to manage and moderate emotions in increasingly unfamiliar situations.

Learning Intentions - The following learning goals this week are:

1. Students will know about blocker of Feeling Very Angry.
2. Students will identify events and situations that trigger the feeling of anger.
3. Students will understand the elements of a plan that will help them to manage their anger.

VALUE OF THE WEEK

RESPECT

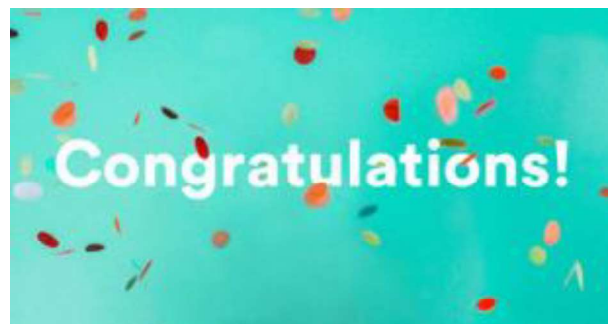


At Barrack Heights Public School we are **RESPECTFUL**. We treat each other fairly and with respect. This week we are focusing on RESPECTFUL behaviours, in particular we are learning how to **value the interests, abilities and cultures of others**.

Teachers will be explicitly teaching our students what respectful behaviour and interactions look like. They will be role playing scenarios and discussing how they can show respect towards others.

In our morning assemblies we will be giving '*shout outs*' to students who have displayed the **respect** value this week.

YOU CAN DO IT AWARDS



Congratulations on the following student's on receiving their "You Can Do it" Merit awards!!

<u>Teacher</u>	<u>Student</u>	<u>Reason</u>
Mrs Hodgson – K/1H	Hayley B Payson W	Coming to school every day with a positive and helpful attitude Using hefting to accurately order light and heavy objects
Miss Ugrinowska - KU	Christopher J Tyson G	Working tough in his writing Trying his best with all tasks
Miss Reid – 1R	Shae M Annabel H	Always working hard Trying her hardest in all tasks
Miss Lewis – 2L	Kash T Lochlan G Marci W	Wonderful behaviour in maths lessons Respectful to students and staff Excellent writing
Mr Borg – 3/4B	Delta K Dominic B	For excellent contributions during number Staying engaged when drawing 3D Shapes in maths
Ms Stewart – 3/4S	Sabrina W Chelse M	Creating a fantastic fitness circuit Creating a fantastic fitness circuit
Miss Finlay – 5/6F	Lance W Luis B	Always being respectful and getting along Working with persistence in art
Mrs Shajnoski – 5/6S	Natalia H Summer F	Being a safe and respectful member of the class Being a persistent learner and increased confidence when sharing ideas during class discussions
Mrs Cole – K/6K	Mitchell Q Bentley D	Working fast in his written work Always follows the classroom values
Mrs Reardon – K/6R	Thomas R	For being a safe and respectful learner
Mrs Mangos	Cooper M Colin W	Being a great Book Buddy Great work in comprehension groups
Ms Doran	Tahlia P	For being a reliable and responsible



We need your help!

Are you, or do you know of anyone who is leaving the area next year and will not be attending our wonderful school in 2020? We are currently in the middle of organising staff and classing for next year and would like to make adjustments based on the actual number of students who will be attending Barrack Heights Public School in 2020. If you won't be with us, could you please call and inform the office to ensure we have up to date information ready to plan effectively for the new school year.

SCHOOL NEWS



Thank you

Bottle tops and bread tags

A big thank you to all our students and families for donating bottle tops and bread tags. Your support is greatly appreciated. We will be **collecting bottle tops and bread tags up until the end of Week 8**. We will then donate the bottle tops to be used to make prosthetic limbs for children and the bread tags to make wheelchairs.

Thank you for your support.

Stage 3

#TOPS&TAGS
FORWHEELCHAIRS



Aussie Bread Tags for Wheelchairs



These are the latest two mobility aids Aussie bread tags have helped to pay for. The two boys received them last week and were very excited. The one on the right is called a freedom walker, designed and built in Cape Town to give kids who have difficulty walking some freedom.

Well done to the Barrack Heights Community! Please keep collecting.

Thank you, Luis B for suggesting we do this.

This is the Barrack Heights Way, assisting others in need. Thank you.

EXCITING EVENTS COMING UP @ BHPS!!!



Years 2-6 Swim Scheme



Barrack Heights Public School

25 HUNTER STREET
BARRACK HEIGHTS 2528

WORKING TOGETHER

1 November 2019

SCHOOL SWIMMING AND WATER SAFETY PROGRAM

Dear Parents / Carers

Arrangements have been made to include a term to Swim Program in our school curriculum.

The Department of Education and Training School Swimming and Water Safety Program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The Program is conducted over ten days. Each daily lesson is 45 minutes.

Students who have not reached a satisfactory standard of water safety and survival skills, and are unable to swim, then confidently entered in deep water, are eligible to participate in the School Swimming Program. The Program focuses on weak swimmers in Year 2 to 6 as well as students with special needs such as new arrivals in Australia and students with disabilities. If there are places available more able swimmers will be able to participate also.

Instruction will take place at Warilla pool.

The Program will continue daily for two weeks from Monday 2 December to Friday 15 December 2019. There will be no charge for instruction.

Transport: Students will walk to and from the pool.

Cost: Pool Entry \$30.00 (\$3.00 per day)

Each child should bring a swimming costume, a towel, drink, hat and warm clothing on a cool day. Where instruction takes place in an outdoor pool, it is recommended that students use adequate sun protection, eg. an SPF 50+ broad spectrum, water-resistant sun screen reapplied regularly. A T-shirt or rash shirt is also recommended (pool facility permitting).

Students will be assessed during the School Swimming Program for all water safety skills without wearing goggles.

Please complete and sign the form attached and return it with \$10 in an envelope with your child's name and place it in the black collection box.

Notes and money should be returned by Friday 22 November 2019.

Danielle Stewart
Swim Scheme Co-ordinator

Sally Seymour
Principal

25 Hunter Street, Barrack Heights 2528
Email: barrackh.school@det.nsw.edu.au
Phone: (02) 42964227 Fax: (02) 42963818

Principal: Sally Seymour

BARRACK HEIGHTS PUBLIC SCHOOL
SCHOOL SWIMMING PROGRAM CONSENT FORM

I hereby consent to the attendance of my son/daughter _____

of class _____ at the School Swimming Scheme classes to be held at Warilla pool from 2 December to 13 December 2019.

Travel will be by walking to and from the pool.

Total cost for 10 day program is \$10.00.

In the event of injury or illness, I also authorise (on my behalf) the seeking of such medical assistance that my child may require. Special needs of my child of which you should be aware (eg. allergies, sensory impairment, etc): _____

Signed: _____ Date: _____ Phone: _____
Parent/Carer/giver

Emergency Contact: _____ Phone: _____

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Signed: _____ Date: _____ Phone: _____
Parent/Carer/giver

Emergency Contact: _____ Phone: _____

10 Hunter Street, Barrack Heights 2526
Email: barrackh4g-school@det.nsw.edu.au
Phone: (02) 42 964 232 Fax: (02) 42 97 28 18

Principal: Mike Seymour

Week 6 – Fizzy Spider and Mufti Day



When: Thursday 21 November

Students can wear mufti clothes on the day for a gold coin donation. Students are to wear enclosed shoes and no singlet tops. Students will be able to purchase a Fizzy Spider drink for \$2 on the day. Money raised will go towards the Year 6 Year Book and Barrack Heights Public School.

This event was a motion passed in Parliament by Stage 3 students and is being organised by Stage 3 students and their teachers.

Stage 3

Students and Teachers

Week 7 – Crazy Hair Day



When: Tuesday 26 November

Students can come to school with 'Crazy Hair' for a gold coin donation. Money raised is being donated to the Cancer Council by Stage 3 students as a way of giving back to the community.

This event was a motion passed in Parliament by Stage 3 students and is being organised by Stage 3 students and their teachers.

Stage 3

Students and Teachers



Message from the Library

This is the last Book Club order for the year... Don't miss out. Orders due on Thursday 28th November
ONLINE ONLY!!

Schoo/ Banking



School Banking

Don't forget to put your bank books in the locked box on Tuesday's for collection Wednesday mornings!!!



From the Office



Just a friendly reminder could you please put any notes or money in an envelope (spare envelopes are located on the desk) clearly marked with your child's name and class and put them in the locked letter box at the end of the office corridor. Absence notes can be put in this collection box also. Thank you for your co-operation.

CALENDAR

Embed://<iframe

src="https://calendar.google.com/calendar/embed?src=education.nsw.gov.au_jv8350gsm4hluj85ndc1r

efnkv%40group.calendar.google.com&ctz=Australia%2FSydney" style="border: 0" width="800"
height="600" frameborder="0" scrolling="no"></iframe>

P & C AND COMMUNITY NEWS



Barrack Heights Public School P&C Photo Shoot Fundraiser



Date: **Sat 16th & Sun 17th November**
Times: **9am to 6pm**

Package 1: \$60 - 5 Digital Photos
10x8 Print - 20min session

Package 2: \$90 - 10 Digital Photos
10x8 Print - 30min session



Notes in office with further details of how to book

**\$10 off session price if booked
and full payment made
before 6th November**



1 - 2019 Shellharbour City Council Mayor's Giving Tree Appeal



OFFICE OF THE MAYOR

Phone: 02 421 6122
Fax: 02 421 6126
Email: mayor@shellharbour.nsw.gov.au
Web: www.shellharbour.nsw.gov.au

Shellharbour Civic Centre
76 Caprot Avenue
Cnr Caprot/Caprot Avenue
Shellharbour City Centre NSW 2539

Postal Address
Locked Bag 155,
Shellharbour City Centre NSW 2539
76 Caprot Shellharbour City Centre

29 October 2019

Berrack Heights Public School
29 Hunter Street
Berrack Heights NSW 2528

2019 Shellharbour City Council Mayor's Giving Tree Appeal

Dear Principal

This letter is to request your School's co-operation in regard to the 2019 Shellharbour City Council Mayor's Giving Tree Appeal. Some 450 children, who come from low income families within Shellharbour City, will not receive Christmas presents this year. In fact, within your own school there are probably children who will not truly enjoy a happy Christmas unless, of course, the other residents of the local area take it upon themselves to either contribute by way of cash, or donate their old gifts which are no longer of any use to them, to the Shellharbour City Council Mayor's Giving Tree Appeal.

The assistance and support received from local schools last year greatly ensured the success of the 2018 Appeal and I trust that your support will be forthcoming once again.

If you wish to make any donations of gifts to the Shellharbour City Council Mayor's Giving Tree Appeal they can be left in the box located next to the tree in the foyer on the ground floor at the Shellharbour Civic Centre from 15 November 2019. Please note that if you wish to donate a gift voucher please ensure that they cannot be used for alcohol (it is preferred for Target or Kmart, not Coles Myer). Donations of gift vouchers should be marked to the attention of Joanne Frasca and left with customer services on ground floor at the Shellharbour Civic Centre.

If you have any queries please contact Joanne Frasca on 4221-6122. Any assistance will be greatly appreciated and will contribute to the success of the appeal.

Your consideration of this important request is of the utmost importance to many young children of the Shellharbour Local Government area.


Seasons greetings to yourself, your staff and your students and I thank you again for your co-operation in this very worthy project.

Yours sincerely

Or Marianna Saliba
Mayor

TRY RUGBY UNION

AT THE
SOUTHERN CRUSHERS



FOR MORE INFORMATION
WEBSITE: SOUTHERNCRUSHERSRUGBY.COM.AU
EMAIL: SOUTHERNCRUSHERSJUNIORS@GMAIL.COM
FACEBOOK: [SOUTHERN CRUSHERS RUGBY UNION](https://www.facebook.com/SOUTHERN-CRUSHERS-RUGBY-UNION)

SOUTHERN CRUSHERS RUGBY CLUB

NEW PLAYERS WELCOME

SOUTHERN CRUSHERS RUGBY UNION CLUB
are seeking players for all grades for the 2020 season!

The club will be aiming to field teams in third grade and Juniors from under 6's through to U16's.

Whether you have played before or are brand new to rugby we have a spot for you!
For more information please contact

BRETT (Secretary)
southerncrushersrugby@gmail.com
Phone: 0412 949 661

SHANE (Juniors)
southerncrushersjuniors@gmail.com
Phone: 0424 993 429



WWW.SOUTHERNCRUSHERSRUGBY.COM.AU

The power of reading to your child

2019 Speaker Series – Tuesday 19 November



Reading is one of the most powerful things you can do with a child to develop their vocabulary, early literacy skills and cognitive ability. The benefits go far beyond the words on the page.

In our final [Speaker Series for 2019](#), UOW Early Start Associate Professor Jane Herbert and Senior Lecturer Elisabeth Duursma will guide you through the best ways to read to your child and benefits it brings from birth to six years.

What you'll learn

- What makes a good book reading session
- What happens in your child's brain when you read to them
- How to read their favourite book 1000 times (and stay sane)
- How story books can help build numeracy skills
- What different readers (Dad/Grandparents) bring to the stories they read
- How to incorporate digital books into reading

Event Details

Date: Tuesday 19 November

Time: 6pm – 7.30pm

Location: Early Start Building 21. G08, University of Wollongong

Cost: \$15/non members. \$7.50/members

CONTACT US



25 Hunter Street

Barrack Heights NSW 2528

PH: 4295 4222

email: barrackht-p.school@det.nsw.edu.au

Make sure you find us and give us a like on Facebook [Barrack Heights Public School Facebook profile](#)

Stay up to date with what is happening in our school.